# Human Gut Microbes Under Power - Development of a Bioelectrochemical System to Uncouple and Interrogate H<sub>2</sub>-Syntrophic Partners in the Human Gut Microbiota

Dissertation

der Mathematisch-Naturwissenschaftlichen Fakultät der Eberhard Karls Universität Tübingen zur Erlangung des Grades eines Doktors der Naturwissenschaften (Dr. rer. nat.)

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06.06.2024 Prof. Dr. Thilo Stehle Prof. Dr. Ir. Largus Angenent Prof. Dr. Lisa Maier Oh my gut. We are not alone in our bodies.

This dissertation aims to unveil a hidden world of syntrophic interactions within our gut microbiome, where microbial partnerships navigate a delicate balance of competition and cooperation. As we delve into the complex landscape of the human intestinal microbiome, challenges abound, demanding a nuanced understanding of metabolic potentials and interspecies relationships.

Motivated by the complexities posed by the microbiome's dynamic nature, this research strives to decode the metabolic dance between microorganisms, fostering a more profound understanding that paves the way for developing cultivation methods essential in shaping the future of gut microbiome studies.

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## **Table of Contents**

Acl	knowledgr	nentsI
Sui	nmary	XIV
Sui	nmary (Ge	erman)XVI
Chapter 1 Motivation and Ph.D. Objectives		
1.1	. Motiva	ation1
1.2	. Ph.D. (	Objectives
Ch	apter 2	Introduction to Microbial Syntrophy of Human Gut Microbes, Interspecies
$H_2$	Transfer, a	and the Potential Use of Bioelectrochemistry4
2.1	. Microl	pial Ecology – How a Microbial Syntrophic Relationship Leads to Colonic
Но	meostasis	
	2.1.1.	Fermentation: an Introduction to the Anaerobic Breakdown of Substrates4
	2.1.2.	Fermentation in the Human Gut Intestinal Tract5
2.2	. Energy	<pre>/ Metabolism of the Human Gut Microbiota and their Production of Short-</pre>
Cha	ain Carbox	ylates9
	2.2.1.	Microbe-Host Interactions9
	2.2.2.	Microbe-Microbe Interactions and Metabolic Fluxes
2.3	. Cross-	feeding and $H_2$ Metabolism of Human Colonic Microbiota17
	2.3.1.	Interspecies H <sub>2</sub> Transfer20
	2.3.2.	Hydrogeneses – Metalloenzymes for H <sub>2</sub> Disposal in the Human Gut21
2.4	. Bioele	ctrochemistry: An Approach to Study Hydrogen Syntrophy24
	2.4.1.	Introduction to Compartments of a BES24
	2.4.2.	Electrode Materials24
	2.4.3.	Metal Catalysts that Enable H <sub>2</sub> Oxidation25
	2.4.4.	Mechanisms Involved in Electron Transport
	2.4.5.	Design and Development of a BES to Oxidize H <sub>2</sub>

	2.4	.6.	Microbial Electrochemistry	0
2.5	5.	DNA S	equencing	1
	2.5	5.1.	DNA-Sequencing Approaches	1
	2.5	5.2.	16S rRNA Gene Sequencing	3
	2.5	5.3.	Nanopore Sequencing	4
Ch	apte	er 3	Development of the BES and Proof of Concept of H <sub>2</sub> Removal with <i>C. minute</i>	כ
				7
3.1		Abstra	ct	7
3.2	2.	Introd	uction	8
3.3	8.	Materi	ial and Methods	9
	3.3	8.1.	Setup of the BES	9
	3.3	8.2.	Cultivation and Growth of <i>C. minuta</i> 4	1
	3.3	.3.	Operation of the BES	2
	3.3	8.4.	Monitoring of Metabolic Product Formation by C. minuta	4
	3.3	8.5.	Scanning Electron Microscopy (SEM) Imaging	5
3.4	ŀ.	Result	s	5
	3.4	.1.	Establishment of the BES Setup 4	6
	3.4	.2.	The $H_2$ Concentration Can Be Controlled by the BES (Proof-of-Concept) 4	7
	3.4	.3.	SCC Production of <i>C. minuta</i> Was Affected by the H <sub>2</sub> Concentrations in the	
	BES	S		8
	3.4	.4.	C. minuta Attaches to the Pt/C-doped Working Electrode	1
3.5	5.	Discus	sion and Outlook	3
Ch	apte	er 4	Can the $H_2$ by the BES compete with a Syntrophic $H_2$ Consumer?	6
4.1	-•	Abstra	ct5	6
4.2	2.	Introd	uction	6
4.3	8.	Materi	ial and Methods	1
	4.3	8.1.	Setup and Operation of the BES6	1
	4.3	8.2.	Media Preparation and Cultivation	2

	4.3.3.	Inoculation and Cultivation Times6	53
	4.3.4.	Analytic of SCCs and Gasses	53
	4.3.5.	Statistical Analysis	53
	4.3.6.	SEM Imaging	54
4.4	. Result	s6	54
4.5	. Discus	sion and Outlook6	59
Cha	apter 5	A BES as a Tool for the Enrichment of Syntrophic $H_2$ Producers from the	
Hu	man GI Tr	act7	72
5.1	. Abstra	act	72
5.2	. Introd	uction	73
	5.2.1.	Isolation Strategies for new Microbial Species from the human GI Tract 7	73
	5.2.2.	Bioreactor Systems to Study Human Gut Microbiota in-vitro	74
	5.2.3.	Bioinformatic Tools to Track Microbial Taxonomy	75
5.3	. Mater	ial and Methods	77
	5.3.1.	BES Setup	77
	5.3.2.	Inoculum	78
	5.3.3.	Media and Cultivation Conditions	78
	5.3.4.	DNA Extraction	79
	5.3.5.	Monitoring of SCCs, Volatile Fatty Acids, EtOH, and Gasses from Microbial	
	Fermenta	ation	79
	5.3.6.	Nanopore Sequencing	30
	5.3.7.	Data Processing and Statistical Analysis by MMonitor	30
	5.3.8.	SEM imaging	32
	5.3.9.	Ethics, Consent, and Permissions	32
5.4	. Result	s ٤	33
	5.4.1.	Results from Microbial Fermentation	33
	5.4.2.	Microbial Community Analysis	37
	5.4.3.	Alpha Diversity of R1, R2, and R3 throughout the enrichment	€1

	5.4.4.	Microbial Community Analysis of R1-R3 on Phylum, Family and Species Le	evel
	at 0 h, 20	1 h, 354 h, and 509 h	94
	5.4.5.	Biofilm Formation at the working electrode of R1-R3	98
5.5	Discus	sion	101
5.6	Outloo	ok	106
Cha	pter 6	What is coming up afterward?	107
Ref	References		

## **Table of Figures**

Figure 1: Overview of three Ph.D. objectives
Figure 2: Human microbiome composition6
Figure 3: Carbohydrate fermentation in the human large intestine7
Figure 4: Characteristics of ascending and descending colon
Figure 5: A simplified representation of the potential influences of SCC on the gut-brain
communication11
Figure 6: Bacterial pathways of anaerobic SCC production and concomitant formation of
H <sub>2</sub> and CO <sub>2</sub> 14
Figure 6: Bacterial pathways of anaerobic SCC production and concomitant formation of
$H_2$ and $CO_2$ 15
Figure 7: Microbial phyla from the human colon that encode hydrogenases
Figure 8: Direct electron transfer in anodic bioelectrochemical half-cell
Figure 9: Mediated electron transfer in different anodic bioelectrochemical half-cell27
Figure 10: Current production during co-culturing a syntrophic acetogen Syntropus
aciditrophicus and its methanogenic partner Methanobacterium formicicum
Figure 11: Nanopore DNA sequencing35
Figure 12: Separation and detection of nucleotides during nanopore sequencing
Figure 13: BES reactor setup for the cultivation of <i>C. minuta</i> under H <sub>2</sub> oxidation or
evolution reactions at the working electrode41
Figure 14: <i>C. minuta</i> cultivation in the BES43
Figure 15: Potentiostatic operation conditions of the BES44
Figure 16: H <sub>2</sub> , acetate, and <i>n</i> -butyrate concentrations of <i>C. minuta</i> from different
operating conditions
Figure 17: Stacked concentrations of acetate and <i>n</i> -butyrate
Figure 18: <i>n</i> -Butyrate to Acetate ratio of the BES final phase

Figure 19: SEM micrographs of <i>C. minuta</i> growing at the Pt/C-doped working electrode of
the final phase (t=1704 h) 53
Figure 20: Metabolic activity of C. minuta, C. timonensis, C. massiliensis, B.
thetaiotaomicron, and M. smithii after six days of growth (gas and SCCs production) from
Ruaud and Esquivel-Elizondo et al. (2020) 58
Figure 21: Confocal images of C. minuta, M. smithii, and B. thetaiotaomicron (after 3 days
of growth in pure and co-culture) from Ruaud and Esquivel-Elizondo et al. (2020) 59
Figure 22: Setup of the BES to test whether the $H_2$ removal at the anode can compete
with the H <sub>2</sub> removal by <i>M smithii</i>
Figure 23: Operating periods and conditions for the co-cultivation of <i>C. minuta</i> and
<i>M. smithii</i> in the BES
Figure 24: Production of acetate and <i>n</i> -butyrate by <i>C. minuta</i> in pure and co-culture with
<i>M. smithii</i>
Figure 25: Production of H <sub>2</sub> , CH <sub>4</sub> , and <i>n</i> -butyrate: acetate ratios
Figure 26: Statistical analysis of <i>n</i> -butyrate: acetate ratios
Figure 27: $O_2$ and pH from R1-R3
Figure 28: SEM from working electrode of R1 and R2 at t= 432 h
Figure 29: Graphical user interfaces of MMonitor using Nanopore sequencing data 76
Figure 30: Schematic illustration of the experimental setup for Objective 3
Figure 31: Analysis of 16S rRNA gene sequences by MMonitor
Figure 32: Gas and SCC production from enrichment of a fecal sample in a BES with $H_2$
removal under continuous operation
Figure 33: SCCs and MCCs production from enrichment of a fecal sample in a BES with $H_2$
removal under continuous operation 85
Figure 34: Ethanol, succinate, lactate, and formate production, and pH and $O_2$
concentrations from enrichment of a fecal sample in a BES with $H_2$ removal under
continuous operation
Figure 35: Relative species abundance of the microbiota in R1
Figure 36: Relative species abundance of the microbiota in R2

Figure 37: Relative species abundance of the microbiota in R391
Figure 38: Alpha diversity of the community in R1-R392
Figure 39: Microbial diversity analysis of R1-R393
Figure 40: Phylum analysis of R1-R395
Figure 41: Family analysis of R1-R396
Figure 42: Microbial species composition of R1, R2, and R397
Figure 43: Biofilm at the working electrode in R1, R2, and R3
Figure 44: Biofilm formation at the working electrode of R1 at the end of the operating
period
Figure 45: Biofilm formation at the working electrode of R2 at the end of the operating
period
Figure 46: Biofilm formation at the working electrode of R3 at the end of the operating
period100

## List of Tables

Table 1: The competition between hydrogenotrophs in the human gut [8, 29]   2
Table 2: Operating conditions and electrochemical potentials   4
Table 3: Top 10 dominant species detected in R1, R2 and R3 in the first half of the
enrichment (between 0 h and 226 h) and in the second half of the enrichment (between
251 h and 559 h)

## **Abbreviations**

+H <sub>2</sub>	hydrogen evolution
-H <sub>2</sub>	hydrogen removal
16S	small subunit of the ribosomal RNA gene
5-HT	serotonin
Ag/AgCl	silver/silver chloride
ATP	adenosine triphosphate
BBB	blood-brain barrier
MCC	branched-chain carboxylic acids
BES	bioelectrochemical system
BHI	brain heart infusion broth
BMI	body mass index
butyryl-CoA	butyryl coenzyme A
CFU/g	colony forming units <i>per</i> gram
CH₃COO <sup>-</sup>	acetate
CH <sub>4</sub>	methane
CLI	command line interface
CNS	central nervous system
CO <sub>2</sub>	carbon dioxide
cotonyl-CoA	crotonyl coenzyme A
DB	database
ddNTP	dideoxynucleotide
dNTP	deoxynucleotide
E <sub>ce</sub>	counter electrode
E <sub>ref</sub>	reference electrode
Ewe	working electrode
Fd <sub>ox</sub>	oxidized ferredoxin
Fe <sub>red</sub>	reduced ferredoxin
FFAR2	free fatty acid receptors 2
FFAR3	free fatty acid receptors 3
GA	glutaraldehyde
GABA	gamma-aminobutyric acid
GAPDH	glyceraldehyde-3-phosphate dehydrogenase
GC	gas chromatography
GI tract	gut intestinal tract
GLP1	gamma-aminobutyric acid

GPCR	G protein-coupled receptors
GPR109a/HCAR2	hydrocarboxylic acid receptor
GPR41	G protein-coupled receptor 41
GPR43	G protein-coupled receptor 43
GUI	graphical user interface
H⁺	proton
H <sub>2</sub>	hydrogen
H <sub>2</sub> S	hydrogen sulfide
HCI	hydrochloric acid
HMDS	hexamethyldisilazane
MAGs	metagenome-assembled genomes
MCT	monocarboxylate transporters
MCCs	medium-chain charboxylates
V	volt
N <sub>2</sub>	nitrogen
NAD	oxidized nicotinamide adenine dinucleotide
NADH	reduced nicotinamide adenine dinucleotide
NADP	oxidized Nicotinamide adenine dinucleotide phosphate
NADPH	reduced Nicotinamide adenine dinucleotide phosphate
NaOH	sodium hydroxide
O <sub>2</sub>	oxygen
ONT	Oxford Nanopore Technologies
PBS	phosphate-buffered saline
PEP	phosphoenolpyruvate
PSS	polyanethole sulfonic acid sodium salt
Pt	platinum
Pt/C	platinum-doped carbon
РҮҮ	peptide YY
SCCs	short-chain carboxylates
SMCT	sodium-dependent monocarboxylate transporters
SMRT	single-molecule real-time sequencing
SMS	single-molecule sequencing
Treg	regulator T cell
UV RGD	UV reduction gas detector
w/o	without
WGS	whole-genome sequencing
ZMW	zero-mode waveguides

β–NAD	$\beta\text{-nicotinamideadenine-dinucleotide hydrate}$
ΔG <sub>0</sub> ΄	Gibbs free energy

### Summary

The fermentation of carbohydrates is one of the primary functions of the gut microbiome, which results in the production of short-chain carboxylates (SCCs) and gasses such as hydrogen (H<sub>2</sub>) and carbon dioxide (CO<sub>2</sub>) [1]. Fermentative H<sub>2</sub> production and interspecies H<sub>2</sub> transfer predominantly drive colonic H<sub>2</sub> metabolism rather than respiration [2]. Accumulating H<sub>2</sub> disrupts the gut function, harms humans, and needs to be prevented. However, H<sub>2</sub> is an important energy source for gut microbes such as sulfate-reducing bacteria, acetogens, and methanogens [3]. Interspecies H<sub>2</sub> transfer is a form of microbial syntrophy that dominates in the gut, but its role in modulating overall metabolism and microbial community dynamics is poorly understood. First investigations showed that *Christensenellaceae* and the archaeal family *Methanobacteriaceae* cooccur in humans with a lean body mass index. *Christensenella minuta* is a highly prevalent, heritable, health-associated bacterium from the human gut that cross-feeds H<sub>2</sub> to the methanogen *Methanobrevibacter smithii* [4]. It was previously found that in continuous co-culture, *C. minuta* produces less *n*-butyrate when *M. smithii* is abundant.

For Objective 1, we tested if H<sub>2</sub>-removal by *M. smithii* leads to the downregulation of *n*-butyrate production. Therefore, we developed a bioelectrochemical system (BES) that removes H<sub>2</sub> by oxidation at the electrode, mimicking a syntrophic microbial partner that takes up H<sub>2</sub>. The unique design of the BES brings the microbe at a 1 mm distance close to the platinum-doped carbon electrode and provides a large surface area (~122 cm<sup>2</sup>) to ensure an efficient H<sub>2</sub> removal. Thus, it provides an environment favored by H<sub>2</sub>-producing, carbohydrate-degrading bacteria. For proof of concept, *C. minuta* was used as an H<sub>2</sub>-producing microbe. With H<sub>2</sub> removal by the BES electrode, *C. minuta* shifts its metabolism towards more acetate and less *n*-butyrate production, analogously to when the methanogen is present. Our findings underscore the importance of thermodynamics and H<sub>2</sub> transfer in regulating the metabolic output of the microbiota in the human gut. Furthermore, for Objective 2, we wanted to answer the question: Can the H<sub>2</sub> removal by the BES compete with a syntrophic H<sub>2</sub> consumer? This experiment was designed into two parts. In the experiment, *C. minuta* was co-cultivated with *M. smithii* in the working chamber of the BES. There, we generated H<sub>2</sub> at the cathode in addition to the H<sub>2</sub> that

Summary

C. minuta generated to grow M. smithii without substrate limitations. Again, we detected a drop in the ratio of *n*-butyrate to acetate production of *C. minuta*. The second part of Objective 2 was not performed. There, we planned the co-cultivation of both microbes in the same BES but separated from each other in two chambers, where C. minuta would grow at the anode and *M. smithii* at the cathode. The idea of this experiment was that C. minuta grows at the anode and produces H<sub>2</sub>, which was removed by oxidation. The resulting H<sup>+</sup> protons migrate through an ion exchange membrane, which separates the anode and cathode, and get reduced to H<sub>2</sub> at the cathode, where *M. smithii* grows. For Objective 3, we wanted to use the BES to enrich syntrophic H<sub>2</sub>-producing microbes from the human gut that hide from current lab cultivation approaches. Therefore, we cultivated a human fresh stool sample in the BES under H<sub>2</sub> removal conditions and detected the major fermentation products of the human gut microbiota and an enormous amount of biofilm formation. Because we detected fluctuation in the production profile of the SCCs and gasses, such as  $H_2$  and  $CO_2$ , we assume that microbial composition changed during the cultivation period. The microbial community's evaluation and statistical analysis were done using the software tool "MMonitor" from Timo Lucas<sup>1</sup> and the group of Prof. Daniel Huson<sup>1</sup>. Unfortunately, the final correlation between the composition of the microbiota and the detected metabolites in relation to H2 removal by the BES was not performed out until the end of my PhD.

Future applications of the BES include isolating fastidious species requiring an H<sub>2</sub> sink for growth. The outcomes of this study are essential to developing an isolation approach for gut microbes without requiring a microbial (syntrophic) partner. Culturing *C. minuta* and the entire human gut microbiota in the BES will help further technical BES development and support our ultimate goal of understanding human gut microbes better. Therefore, future applications of the BES include isolating particular strains requiring an H<sub>2</sub> sink for growth. This approach could be used to enrich those host microbes that are highly prevalent, heritable, and health-associated bacteria without the need for drug treatment or fecal transplantation to cure intestinal diseases.

<sup>&</sup>lt;sup>1</sup> Research group Algorithms in Bioinformatics, University of Tübingen

## Summary (German)

Die Fermentation von Kohlenhydraten ist eine der Hauptfunktionen des Darmmikrobioms und führt zur Produktion von kurzkettigen Carboxylaten und Gasen wie Wasserstoff (H<sub>2</sub>) und Kohlendioxid (CO<sub>2</sub>) [1]. Die fermentative H<sub>2</sub>-Produktion und der syntrophische H<sub>2</sub>-Transfer treiben hauptsächlich den H<sub>2</sub>-Stoffwechsel im Dickdarm von Menschen an, anstatt die Atmung [2]. Kommt es jedoch zur Anreicherung von H<sub>2</sub> wird die Darmfunktion gestört und kann sich schädlich auf den Menschen auswirken. Allerdings ist H<sub>2</sub> auch eine wichtige Energiequelle für Darmmikroben wie sulfatreduzierende Bakterien, Acetogene und Methanogene [3]. Syntrophischer H<sub>2</sub>-Transfer ist eine Form von mikrobieller Syntrophie, die im Darm vorherrscht, und deren Einfluss bei der Modulation des Gesamtstoffwechsels und auf Dynamik der mikrobiellen Gemeinschaft bisher unzureichend verstanden ist. *C. minuta* ist ein weit verbreitetes, vererbbares, gesundheitsförderndes Bakterium, das H<sub>2</sub> an *M. smithii*, welches H<sub>2</sub> als Substrat verstoffwechselt, weitergibt. Unter kontinuierlicher Kultivierung mit *M. smithii* verändert sich der fermentative Stoffwechsel von *C. minuta* und weniger *n*-Butyrat wird produziert.

Im ersten experimentellen Teil testeten wir, ob die Aufnahme von H<sub>2</sub> durch *M. smithii* die Produktion von *n*-Butyrat von *C. minuta* herunterreguliert. Dazu entwickelten wir ein bioelektrochemisches System (BES), das H<sub>2</sub> durch Oxidation am Elektroden entfernt, um so den syntrophischen und H<sub>2</sub>-konsumierenden mikrobiellen Partner zu imitieren. Das spezielle Design des BES bringt die Mikroben in bis zu 1 mm Abstand zu einer platinbeschichteten Kohlenstoffanode und bietet zudem eine große Oberfläche (~122 cm<sup>2</sup>), um eine effiziente H<sub>2</sub>-Entfernung sicherzustellen. Für den Proof-of-Concept wurde *C. minuta* als H<sub>2</sub>-produzierende Mikrobe verwendet. Die Entfernung von H<sub>2</sub> durch die BES-Elektrode zeigt sich in einem veränderten Primätstoffwechsel von *C. minuta*, in welchem mehr Acetat und weniger *n*-Butyrat produziert wird, analog zur Anwesenheit des Methanogens *M. smithii*. Unsere Ergebnisse verdeutlichen die Bedeutung der Thermodynamik und des H<sub>2</sub>-Transfers bei der Regulation des mikrobiellen Stoffwechsels im Darm. Im zweiten experimentellen Teil wollten wir die Frage beantworten: Kann die Entfernung von H<sub>2</sub> durch das BES mit Mikroben konkurrieren, welche in einem syntrophischen Verhältnis zu einander stehen und H<sub>2</sub> als Substrat konsumieren? Dieses Experiment wurde in zwei Teile unterteilt. Im ersten Teil wurden *C. minuta* mit *M. smithii* auf der Seite des Arbeitselektrode im BES kultiviert. Dort erzeugten wir H<sub>2</sub> an der Kathode zusätzlich zum von *C. minuta* erzeugten H<sub>2</sub>, um *M. smithii* ohne Substratbeschränkungen wachsen zu lassen. Wir beobachteten erneut einen Veränderung der Produktion von *n*-Butyrat zu Acetat bei *C. minuta*, und einen Rückgang der Produktion von *n*-Butyrate. Der zweite Teil dieses Experiments wurde nicht durchgeführt. In diesem planten wir die gemeinsame Kultivierung beider Mikroben im voneinander getrennt im selben BES, wo *C. minuta* an der Anode und *M. smithii* an der Kathode wachsen würde. Dabei würde das gebildete H<sub>2</sub> von *C. minuta* an der Anode oxidiert werden, und die dabei entstandenen Protonen gelangen über eine Ionenaustauschmembran zur Kathode. Dort würden sie zu H<sub>2</sub> reduziert werden und stehen *M. smithii* als Substrat bereit.

Im dritten experimentellen Teil sollte das BES als Kultivierungsmethode zur Anreicherung syntropher, H<sub>2</sub>-produzierender Mikroben aus dem menschlichen Darm getestet werden. Dabei lag der Fokus besonders auf den H<sub>2</sub>-produzierenden Mikroben, welche sich aktuell nicht im Labor kultivieren lassen. Hierfür kultivierten wir im BES eine frische human Stuhlprobe an der Anode unter H<sub>2</sub> oxidierenden Bedingungen, um den mikrobiell gebildeten H<sub>2</sub> aus dem BES zu entfernen und somit den Mikroben einen Wachstumsvorteil zu verschaffen, welche nur bedingt zusammen mit H2-konsumierenden Mikroben wachsen können. In diesem Experiment konnten wir die Hauptfermentationsprodukte des menschlichen Darmmikrobiota sowie eine enorme Biofilmbildung an der Anode nachweisen. Da wir Schwankungen im Profil der Produktion von kurzkettigen Carbonsäuren und der Gase H<sub>2</sub> und CO<sub>2</sub> feststellten, gehen wir davon aus, dass sich die mikrobielle Zusammensetzung während der Kultivierungszeit im BES geändert hat. Die Auswertung und statistische Analyse der mikrobiellen Gemeinschaft und ihrer Veränderungen wurden mit dem Software-Tool MMonitor von Timo Lucas<sup>2</sup> und der Arbeitsgruppe von Prof. Daniel Huson<sup>2</sup> durchgeführt. Die endgültigen Korrelationen zwischen der Zusammensetzung der Mikrobiota und den nachgewiesenen Metaboliten in Bezug auf die H<sub>2</sub>-Entfernung durch das BES waren bis zum Ende meiner Doktorarbeit noch in Bearbeitung.

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Zukünftige Anwendungen des BES umfassen die Isolierung anspruchsvoller Stämme, die für ihr Wachstum einen H<sub>2</sub>-Senke benötigen. Die Ergebnisse dieser Studie sind entscheidend für die Entwicklung eines Isolationsansatzes für Darmmikroben, ohne einen mikrobiellen (syntrophischen) Partner zu benötigen. Die Kultivierung von *C. minuta* und eines gesamten menschlichen Darmmikrobioms im BES wird dazu beitragen, die technische BES-Entwicklung weiter voranzutreiben und unser ultimatives Ziel, das Verständnis der menschlichen Darmmikroben zu verbessern, zu unterstützen. Daher könnten zukünftige Anwendungen des BES dazu dienen, bestimmte Stämme zu isolieren, die für ihr Wachstum eine H<sub>2</sub>-Senke benötigen. Dieser Ansatz könnte verwendet werden, um diejenigen Wirtsmikroben anzureichern, die weit verbreitet, vererbbar und gesundheitsfördernde Bakterien sind, ohne auf medikamentöse Behandlung oder Stuhltransplantation angewiesen zu sein, um Darmerkrankungen zu heilen.

# Chapter 1 Motivation and Ph.D. Objectives

#### 1.1. Motivation

The human microbiome is linked to health and disease and includes trillions of microbes such as bacteria, archaea, fungi, viruses, and other life forms. Researchers are still working out what shapes the community of microbes with hundreds of distinct bacterial species – some are pathogenic, and some beneficial. There is still a considerable amount of so-called microbial dark matter. The microbial dark matter includes the entire microbial diversity that remains uncultured, reaching from the millions of biomes (niches) to the uncultured microbial species and their genomes [5]. In 2019, 1.952 uncultured bacterial species were identified from 92.143 metagenome-assembled human gut microbial genomes. Thus, sequencing efforts show us the potential of microbes that are not cultured with current cultivation approaches [6].

Besides the considerable knowledge about the interaction of gut microbes with the host, less is understood about the microbe-microbe interactions—especially in the human gut's H<sub>2</sub> economy. H<sub>2</sub> is one of the end products of carbohydrate fermentation and plays a central role in microbial metabolism. H<sub>2</sub> maintains metabolic homeostasis by acting as an electron sink. Furthermore, H<sub>2</sub> can be taken up as an energy source by other gut microbes. Therefore, interspecies H<sub>2</sub> transfer and microbial syntrophy have become increasingly important to fill one gap in understanding the entire human gut microbiome. We must fill this gap with knowledge about microbes that hide from standard lab cultivation. These specific microbes or microbial patterns carry the vast potential to help us better understand the human gut metabolism and their link to human health and disease. Thus, we need cultivation systems that mimic the human gut's natural environment and provide only specific, uncultured microbes a growth advantage over others. Cultivating and studying syntrophic microbes is challenging because they count on the metabolic activity of other microbes in their community. In this dissertation, I address the central question of H<sub>2</sub> availability and how it affects microbes' metabolic output in the human gut. For proof of concept, we used *Christensenella minuta*, which is a prominent member of the *Christensenellaceae* family, and which are heritable members of the human gut and associated with human health [2]. In co-cultures with *Methanobrevibacter smithii*, *C. minuta* supports CH<sub>4</sub> formation, suggesting a microbial syntrophy based on H<sub>2</sub> consumption [4]. Understanding the underlying molecular mechanisms of H<sub>2</sub> transfer and the benefits of microbial syntrophy is central to this research.

To address this question, a bioelectrochemical system (BES) has been developed to mimic a syntrophic microbial partner that actively takes up H<sub>2</sub>. The BES, featuring a platinumdoped carbon electrode (Pt/C) and a close microbe-electrode interaction site facilitating H<sub>2</sub> removal, creates an environment favorable for H<sub>2</sub>-producing, carbohydrate-degrading microbes. The initial experiments with *C. minuta* in the BES successfully demonstrated its influence on the microbe's metabolism.

The next step involves investigating the BES's ability to compete with a microbial syntrophic partner from the human gut. Once validated, we will consolidate this knowledge to enrich and isolate syntrophic H<sub>2</sub> producers from the human gut, contributing to a comprehensive understanding of the H<sub>2</sub> economy within the human gut. Developing new cultivation strategies can circumvent *in-vivo* experiments (performed in mice, rats, and pigs), which have several drawbacks, such as different phylogeny, ethical commitment, costs, and low reproducibility. Therefore, greater attention was brought to *in-vitro* cultivation models that allow us to recreate, study, and understand the effects of the human microbiota between microbes and the host. New innovative cultivation techniques, including new technologies, materials, and screening approaches, brought gut microbiota cultivation into a new area [7].

#### 1.2. Ph.D. Objectives

The aims of the PhD could be separated into three successive objectives (**Figure 1**). In Objective 1, we focussed on the BES development and proof of concept of  $H_2$  removal with *C. minuta*. We used *C. minuta* as microbes for the proof of concept because it was shown by Ruaud and Esquivel-Elizondo *et al.* (2020) that *C. minuta* shifts its metabolism towards

more acetate and less *n*-butyrate production when a methanogen consumes  $H_2$  simultaneously. In Objective 2, we wanted to answer whether the BES competes with a microbial syntrophic  $H_2$  consumer regarding  $H_2$  removal. In Objective 3, we wanted to test the BES as a tool for the enrichment of syntrophic  $H_2$  producers from the human gut.



### Figure 1: Overview of three Ph.D. objectives

The Ph.D. was split into three main objectives, from the initial BES development and proof of concept to the BES application as an enrichment tool for human gut microbes. The figure was created by BioRender.com.

# Chapter 2 Introduction to Microbial Syntrophy of Human Gut Microbes, Interspecies H<sub>2</sub> Transfer, and the Potential Use of Bioelectrochemistry

# 2.1. Microbial Ecology – How a Microbial Syntrophic Relationship Leads to Colonic Homeostasis

### 2.1.1. <u>Fermentation: an Introduction to the Anaerobic Breakdown of</u> <u>Substrates</u>

Fermentation is an anaerobic and energy-yielding process that microbes use to generate energy for their metabolism. This process is defined by the production of adenosine triphosphate (ATP), which is the energy-yielding molecule, due to substrate-level phosphorylation that is associated with redox transformation between organic compounds [8]. Fermentation can occur in diverse anaerobic environments and is applied to many areas of human life such as the food industry, human health, wastewater and garbage disposal, environment, and soil management [9]. Furthermore, fermentation plays a central role and is economically feasible for the industrial production of bio-based products from renewable sources with less energy and waste. This bioprocessing approach also includes genetic and metabolic engineering techniques to produce new bio-based products, which have the potential to overcome the problem of environmental pollution and the global shortage of fossil fuels [10].

In recent years, the human gut flora and its influence on human health have received more attention. In the mammalian gut-intestinal system, digestion always follows the same route, starting from the mechanical digestion of food (carbohydrates, protein, and lipids) by chewing. Further down the digestion tract, hydrochloric acid, pepsin, and mucines of the stomach digest chemically dietary compounds and result, for example, in polypeptides. Dietary components that are not digested in the upper intestine of the human gut intestinal tract reach the large intestine. Due to its high colonization of microbes, the large intestine becomes the most crucial region for fermentation in the human gut. Epithelial cells of the large intestine do not produce any digestive enzymes, such as bile acids, in the gut. Thus, microbial digestion of earlier degraded compounds from food is essential to degrade, for example, dietary fibers into short-chain carboxylates (SCCs) used as an energy source by intestinal cells to maintain growth and development. This process is the essence of microbial fermentation in the human gut.

#### 2.1.2. Fermentation in the Human Gut Intestinal Tract

The human gut intestinal (GI) system represents the route of digestion, and it consists of the oral cavity, esophagus, stomach, and small and large intestine. The GI tract's overall surface area is 150 – 200 m<sup>2</sup> and is colonized by 10<sup>14</sup> bacteria [11, 12]. Due to chemically (pH, redox potential) and physically diverse microhabitats caused by stomach, large intestine, and small intestine, the composition of the microbiome changes throughout the GI tract (**Figure 2**). For example, the pH changes from the large intestine to the small intestine from acidic to neutral pH. In parallel, the composition of microbes changes from a high concentration of *Actinobacteria*, *Bacteroidetes*, *Proteobacteria*, and *Ascomycota* in the large intestine to *Bacteroides*, *Clostridium*, and *Streptococcus* in the small intestine. Different microbes generally prefer different intestinal environments and favor specific niches in the GI tract [11, 13-15].

The large intestine is one compartment of the GI tract. It is composed of the caecum, colon (including the ascending colon, transverse colon, descending colon, and sigmoid colon), rectum, and anal tract. The colon possesses the highest biodiversity ( $10^{10}$ - $10^{11}$  bacteria *per* g of intestinal content) of the whole GI tract. Its major characteristics regarding microbial colonization are its low cell turnover rate, low redox potential, and long transit time. The cell turnover rate is defined by cell production, cell death, and cell mean lifespan and varies by cell type and tissue. Gut epithelial cells have a turnover rate of 3-5 days [16]. Talking about redox potential refers to the tendency of a chemical species to acquire electrons (reduction) from or lose electrons (oxidation) to an electrode. In redox reactions, one compound's oxidation is coupled to another compound's reduction. Oxidants, as well as reductants, are essential for all living organisms and need to be present in a particular

range. Here, redox potentials are given either in volts (V) or millivolts (mV). Facultative anaerobic microbes require a redox potential between +300 mV and -100 mV, and anaerobes between +100 mV and less than -250 mV [17].



#### Figure 2: Human microbiome composition

The gastrointestinal tract and its different compartments conserve different microbial species. Among the physiological niches of the GI tract, the human microbiome refers to bacteria, eukarya, and viruses. The colors of the GI tract represent a defined pH according to the pH scale [18]. Figure from Hillman *et al.* (2017)

The most incredible variety of microbes that ferment non-digested carbohydrates (*e.g.*, soluble fiber) as substrates are also found in the colon [8, 19, 20]. Non-digested dietary products are complex polymerized carbohydrates that microbes break down into smaller oligomers. Further, fermentative microbes convert the oligomers into SCCs, H<sub>2</sub>, lactate, succinate, ethanol, and carbon dioxide. SCCs, such as acetate (C<sub>2</sub>), propionate (C<sub>3</sub>), and *n*-butyrate (C<sub>4</sub>), are quantitatively the most abundant fermentation products (**Figure 3**) [21-23]. SCCs typically have fewer than six carbon atoms in their carbon chain.



**Figure 3: Carbohydrate fermentation in the human large intestine** The figure was adapted from Macfarlane and G.R. Gibson (1997)

During carbohydrate fermentation, anaerobic microbes have a cooperative metabolism: H<sub>2</sub> is generated by a diversity of hydrogenotrophic microbes and consumed by resident hydrogenotrophic microbes [8, 24]. H<sub>2</sub> is produced as molecular H<sub>2</sub> in the degradation process of carbohydrates *via* hydrogenases and is one of the most abundant metabolites in the colon. The production of molecular H<sub>2</sub> is coupled to the oxidation of reducing equivalents such as the redox protein Ferredoxin (Fd). In addition, electrons can be removed from the anaerobic environment in the gut by producing H<sub>2</sub>. The main mechanisms by which H<sub>2</sub> is produced in the gut are explained in more detail in section 2.3 Cross-feeding and H<sub>2</sub> Metabolism of Human Colonic Microbiota. H<sub>2</sub> shapes metabolic homeostasis and microbial communities by creating a nice environment for microbes that can cross-feed on H<sub>2</sub>.





The hydrogenotrophic processes are driven by the pH gradient and the differences in the fermentation of proteins and carbohydrates [8]. Figure adapted from Nakamura *et al.* (2010) and Payne *et al.* (2012) (created with BioRender.com)

The human colon is divided into four parts (Figure 4): the ascending colon (proximal), transverse colon, descending (distal) colon, and sigmoid colon. The considerable differences in the environment of the ascending and the descending colon influence the fermentation. The pH values throughout the colon vary from 5.6 - 5.9 in the ascending colon to 6.6 - 6.9 in the descending colon (Figure 4). This pH gradient affects the colon's microbial composition and the fermentation pattern.  $H_2$  production is assumed to be affected by the change in pH, different microbial substrates, and other hydrogenotrophic processes. Slightly alkaline and neutral pH values are the optimal conditions for sulfate reduction and methanogenesis, which are hydrogenotrophic processes. As the third hydrogenotrophic process, acetogenesis appears to be maximal at acidic pH values [8]. Besides, the composition of hydrogenotrophic microbes changes along with the pH of the colon. For example, lower pH values (pH 5.6- 5.9) in the ascending colon promote the growth of acetogens and sulfate-reducing bacteria and support the production of nbutyrate by these microbes. With changes in the pH to less acidic values (pH 6.6 - 6.9) in the descending colon, methanogens exist in higher concentrations. In addition, sulfatereducing bacteria are represent, besides of methanogens, the most abundant microbes in the part of the colon. In contrast, sulfate-reducing bacteria may colonize the whole colon.

Overall, the ascending colon is assumed to be the primary environment for hydrogenotrophic microbes and processes. Thus, it plays a pertinent role in H<sub>2</sub> disposal and further contributes to a homeostatic colon environment [25-29].

### 2.2. Energy Metabolism of the Human Gut Microbiota and their Production of Short-Chain Carboxylates

#### 2.2.1. Microbe-Host Interactions

In the intricate ecosystem of the human gut microbiota, microbial fermentation processes yield substantial products, among which SCCs stand out prominently. The cecum and colon are the major sites for the production of SCC, with acetate, propionate, and *n*-butyrate is the most abundant aliphatic organic acid (>95%) in the intestine. Their approximate molar ratio of 60:20:20 in the colon and stool reflects a dynamic balance [22, 30-32]. The microbial community considers SCCs as essential waste products, contributing considerably to maintaining redox balance within the gut.

SCCs play a pivotal role in the interaction between microbes and their host. These organic acids, specifically acetate, propionate, and *n*-butyrate, have demonstrated therapeutic potential in the prevention and treatment of various diseases, including metabolic syndrome, Crohn's disease, ulcerative colitis, and antibiotic-induced diarrhea [32, 33]. The positive effects observed in clinical studies underscore the potential of SCCs in modulating host health. In the Western diet, humans, on average, consume approximately 20-25g of fiber/day in cases of fruit and vegetable-rich diets, the fiber content can increase up to 60g/day [34, 35]. Carbohydrate fermentation can lead to the total production of 400-600 mmol SCCs/day [36]. Since SCC production is challenging to monitor along the human gut and the fact that most of the fecal SCCs are taken up by the host, the reported SCC concentration might not reflect their actual concentrations and production rates in the intestine [37-39].

Despite the considerable impact of the gut microbiota on human health and its involvement in the development or progression of diseases, extensive research efforts have been directed towards unveiling that the influence of the gut microbiota is not restricted to the GI tract [40]. Moreover, recent revelations have demonstrated that the microbiota's impact extends beyond the gastrointestinal tract's confines, assuming a considerable role in the bidirectional communication between the GI tract and the central nervous system. This concept is called the microbiota-gut-brain axis. [41-46]. Potential mechanisms through SCCs impact the communication between the gut and the brain are elucidated, too. SCCs, which are the primary metabolites generated by the microbiota during the anaerobic fermentation of indigestible polysaccharides, notably dietary fiber, and resistant starch in the large intestine (mainly the colon), may exert direct or indirect effects on gut-brain communication and brain function. Upon production, SCCs are absorbed by colonocytes, primarily through H<sup>+</sup>-dependent monocarboxylate transporters (MCTs) or sodium-dependent monocarboxylate transporters (SMCTs) (**Figure 5**) [47].

Engaging with G protein-coupled receptors (GPCRs), including free fatty acid receptors 2 and 3 (FFAR2 and FFAR3), GPR109a/HCAR2 (hydrocarboxylic acid receptor), and GPR164, or inhibiting histone deacetylases, SCCs play a role in influencing intestinal mucosal immunity, barrier integrity, and function. GPR109a/HCAR2, GPR43, and GPR41 are expressed by a vast array of gastrointestinal mucose cells and the nervous and immune system [48, 49]. Interaction with receptors on enteroendocrine cells facilitates indirect signaling to the brain *via* the systemic circulation or vagal pathways. This signaling is mediated through the secretion of gut hormones, such as glucagon-like peptide 1 (GLP1) and peptide YY (PYY), as well as by the neurotransmitters gamma-aminobutyric acid (GABA) and serotonin (5-HT) by enteroendocrine and enterochromaffin cells [50-55].



## Figure 5: A simplified representation of the potential influences of SCC on the gut-brain communication

In the colon, microbes metabolize soluble and indigestible polymers from complex carbohydrates, such as dietary fiber and resistant starch, producing SCCs. In the microbiota-gut-brain crosstalk, it is speculated that SCCs play a pivotal role in the immune response and affect the central nervous system. The illustration is a simplified representation of the connection between SCCs and the gut-brain axis. It is not intended to provide a complete description of other functional groups. The figure was taken from [56].

SCCs originating from the colon reach the systemic circulation and various tissues, activating brown adipose tissue, regulating liver mitochondrial function, enhancing insulin

secretion by beta-pancreatic cells, and contributing to whole-body energy homeostasis [56].

Peripherally, SCCs impact systemic inflammation by promoting regulatory T cell (Treg) differentiation and regulating interleukin secretion. The effects of *n*-butyrate on the immune system were extensively studied. It induces Treg cell differentiation and controls inflammation [51, 57-59]. SCCs can traverse the blood-brain barrier (BBB) *via* monocarboxylate transporters on endothelial cells, influencing BBB integrity by downregulating tight junction proteins such as claudin and occludin. This affects the BBB integrity and the controlled passage of nutrients and molecules from the circulation to the brain. [60]. In the central nervous system (CNS), SCCs contribute to neuroinflammation by influencing glial cell morphology and function, modulating neurotrophic factors, increasing neurogenesis, participating in serotonin biosynthesis, and enhancing neuronal homeostasis and function [41, 53, 54, 61-63].

#### 2.2.2. Microbe-Microbe Interactions and Metabolic Fluxes

*In-vitro*, production of SCCs differs from *in-vivo* studies due to changes in the microbiota caused by isolation and product accumulation during fermentation. The production of SCCs by the gut microbiota is influenced by the type of dietary fibers that change the microbiota composition. Furthermore, host genetics, environmental factors, the colonic milieu, and microbial composition affect SCC production [25, 26, 64, 65]. Dietary fiber intake considerably influences SCC production, with carbohydrate fermentation generating 400-600 mmol SCCs *per* day. In the context of the Western diet, where individuals consume approximately 20-25g of fiber daily, this production increases with a fruit and vegetable-rich diet [34, 36]. However, monitoring SCC concentrations along the human gut poses challenges, because most fecal SCCs are absorbed by the host, making reported concentrations potentially misleading [37-39].

Bacteroidetes, Firmicutes, and Actinobacteria are the most abundant phyla in the human intestine. Bacteroidetes mainly produce acetate and propionate, whereas Firmicutes are the dominant *n*-butyrate producers [66]. The availability of substrates is the highest in the proximal part of the colon and decreases towards the distal part. Therefore, the microbial activity is higher in the proximal site of the colon than in the distal part. In the proximal

part of the colon, nondigestible carbohydrates are fermented by saccharolytic microbes, mainly Bacteriodetes, which are primary fermenters. The fermentation products are SCCs and gasses such as H<sub>2</sub> and CO<sub>2</sub> [67]. Bacteriodetes are part of a syntrophic community that mutually cross-feeds with other microbes that take up these gasses as substrates. In the distal part of the colon, bacterial proteins and amino acids derived from primary fermenters, such as Bacteriodetes, are fermented by secondary fermenters, which are proteolytic bacteria and result in medium-chain carboxylates (MCC). MCCs have carbon chains containing 6 to 12 carbon atoms. In addition, toxic metabolites, such as phenolic and volatile sulfur compounds and amines, are products of the secondary fermenters [68].

The gut microbiota plays a crucial role in converting nondigestible carbohydrates *via* hydrolysis into oligosaccharides and monosaccharides. The latter are getting fermented into SCCs through intricate anaerobic processes. Key metabolic routes involve the Embden-Meyerhof-Parnas glycolytic pathway for six-carbon sugars and the pentose-phosphate pathway for five-carbon sugars, ultimately converting monosaccharides into phosphoenolpyruvate (PEP) [69]. Subsequently, PEP is converted into fermentation products, such as organic acids or alcohols.



# Figure 6: Bacterial pathways of anaerobic SCC production and concomitant formation of $H_2$ and $CO_2$

See the explanation on the next page.


## Figure 6: Bacterial pathways of anaerobic SCC production and concomitant formation of $H_2$ and $CO_2$

Gut microbes use three pathways to eliminate excess reducing equivalents when converting monosaccharides into SCCs. (A) Via the classical fermentation pathways (1), where pyruvate is reduced to either lactate or ethanol (not shown) and NADH is oxidized to NAD<sup>+</sup>. Primary fermenters produce molecular H<sub>2</sub> to sink reducing equivalents via two routes (2a+2b). The exergonic (2a) route involves the pyruvate: ferredoxin oxidoreductase and ferredoxin hydrogenase enzymes. Meanwhile, the endergonic route (2b) goes via NADH: ferredoxin oxidoreductase and ferredoxin hydrogenase. In the third pathway type (3), SCCs are produced from the electron transport chain, starting from the carboxylation of PEP into propionate and CO<sub>2</sub>. Production of acetate, propionate, and *n*-butyrate from carbohydrates. (B) Acetate is the product from either the Wood-Ljungdahl pathway using formate or directly produced from acetyl CoA. Propionate is produced from PEP by the succinate decarboxylation pathway or via the acrylate pathway, where lactate is reduced to propionate. (C) n-Butyrate is being produced from condensation of two moles of acetyl-CoA by butyrate-kinase or by butyryl-CoA:acetate-CoA-transferase which uses exogenously derived acetate to form *n*-butyrate. The figure was adopted from den Besten *et al.* (2013) [70] and was created with BioRender.com.

At the glyceraldehyde-3-phosphate dehydrogenase level within the glycolytic pathway, glyceraldehyde 3-phosphate is transformed into glycerate-1-3-bisphosphate combined with the formation of the electron carrier NADH. Anaerobically, NADH needs to be reoxidized to NAD<sup>+</sup> for reuse as an electron carrier for glycolysis. Three pathways exist to eliminate excess reducing equivalents (Fehler! Verweisquelle konnte nicht gefunden werden.A). The first is the classical fermentation pathway, where pyruvate is reduced to lactate or ethanol, oxidizing NADH to NAD<sup>+</sup>. Second, some primary fermenters channel excess reducing equivalents into molecular H<sub>2</sub> through two major routes: an exergonic route ( $\Delta G_0' < 0$ ) via pyruvate: ferredoxin oxidoreductase and ferredoxin hydrogenase, and an endergonic route ( $\Delta G_0' > 0$ ) via NADH: ferredoxin oxidoreductase and ferredoxin hydrogenase, the latter operating at low H<sub>2</sub> pressure in the large intestine lumen. H<sub>2</sub>consuming bacteria, in turn, influence primary fermenter metabolism by depleting H<sub>2</sub> [66]. The third pathway involves a primitive anaerobic electron transport chain starting with PEP carboxylation, leading to the reduction of oxaloacetate to fumarate. Fumarate, in turn, accepts electrons from NADH through a simple electron-transfer chain, ultimately contributing to chemiosmotic ATP synthesis. Succinate, which is the product of fumarate reductase, is converted into methylmalonate and further into propionate only when the partial pressure of CO<sub>2</sub> is low. Via carboxylation, CO<sub>2</sub> can be recycled into PEP to form oxaloacetate [70-72].

The primary end products of fermentation pathways, described previously, are SCCs. Pyruvate conversion to acetyl-CoA results in the simultaneous formation of H<sub>2</sub> and CO<sub>2</sub>. Acetate is formed either by acetyl-CoA hydrolysis or *via* the Wood-Ljungdahl pathway (**Figure 6B**), where CO<sub>2</sub> is reduced to CO, converted with a methyl group and coenzyme A to acetyl-CoA [73, 74]. Propionate can be generated through the primitive electron transfer chain or by lactate reduction to propionate, known as the acrylate pathway (**Figure 6B**) [69]. Both pathways involve additional NADH reduction compared to lactate fermentation. *n*-Butyrate production initiates with the condensation of two acetyl-CoA molecules, followed by reduction to butyryl-CoA (**Figure 6C**). Lactate-utilizing bacteria can contribute to *n*-butyrate production through acetyl-CoA generation from lactate. In the classical pathway, phosphotransbutyrylase and butyrate kinase convert butyryl-CoA to *n*-butyrate and coenzyme A, accompanied by ATP formation. An alternative pathway involving butyryl-

CoA: acetate CoA-transferase utilizes exogenously derived acetate, generating *n*-butyrate and acetyl-CoA. This pathway, supported by labeling studies, suggests cross-feeding between acetate and *n*-butyrate producers, with the alternative pathway dominating the human gut microbiota [75].

Collaborative functioning of the gut microbiota is essential for SCC production and symbiotic associations with the host. Other bacteria must utilize molecular H<sub>2</sub> produced during acetate formation to prevent  $H_2$  accumulation, which can hinder primary fermenters' NADH oxidation. The host partly supplies CO<sub>2</sub> needed in the primitive electron transfer chain, as humans produce approximately 0.7 kg of CO<sub>2</sub> daily. This CO<sub>2</sub> is excreted into the gut lumen as  $HCO_3^{-}$  in exchange for SCC anions, serving as a crucial pH regulatory mechanism. Despite extensive knowledge about the biochemistry of carbohydrate conversion into SCCs by the microbial community, there is a lack of data on SCC production rates by the gut microbial community. The challenge lies in sampling the large intestine, emphasizing the need to measure SCC production rates accurately and understand the impact of specific carbohydrates and microbiota on SCC mass and composition [70]. Syntrophy is classically defined as obligatory mutualism between cooperative microbial partners that cross-feed on each other's products. Grasping the full scope of mutualistic cross-feeding interactions within the gut microbiome is essential for elucidating key features: the remarkable diversity of species and the extraordinary stability in maintaining consistent taxa over periods spanning years to decades [76]. Two groups of metabolites are cross-fed by microbes: sugars and electron donors/acceptors are directly used in the central metabolism, whereas essential nutrients, such as amino acids, cofactors, and vitamins, require direct uptake mechanisms [77].

## 2.3. Cross-feeding and H<sub>2</sub> Metabolism of Human Colonic Microbiota

Diversity, as well as community, describe the human gut-intestinal microbiome. The diverse and complex anatomical shape of the gut, its pH gradients, and nutrient supply, as well as the host genetics and secretions, continuously influence the composition of the gut microbiome. Due to different physical characteristics and nutrient supply, different microbial populations are found in different specific microhabitats. These microhabitats

serve as niches for distinct microbial groups and are diverse regarding presented substrates and physical characteristics [18, 78, 79]. This diverse ecological landscape comprises trillions of microbial cells and controls a person's health and disease status [24, 80, 81]. In detail, the colonic microenvironment is composed of bacteria, viruses, archaea, and eukaryotes that interact with each other and the host's immune system. A holistic approach to understanding the microbiome composition, host physiology, and disease susceptibility must include dynamic interactions, community characterization, and microbiome-host interactions (*e.g.*, epithelial cells and innate lymphoid cells).

In nature, microorganisms seldom exist in monoculture under constant conditions; rather, they create intricate communities capable of enduring fluctuating environments. The interplay among these microbes yields synergistic effects, often unpredictable when examining individual species. Competitive and antagonistic interactions limit the growth of certain members, while the collective metabolic activity of the community provides resilience against nutrient stress. Many of these ecological dynamics rely on diffusible metabolites, which serve as nutrients and play crucial roles in mediating interactions. Cross-feeding, which involves the exchange of metabolites as energy among various microbes, plays a pivotal role in forming stable communities of gut commensals that exhibit resistance to invasion and resilience against external disturbances. Metabolites engaged in cross-feeding within the microbiome can be broadly categorized into two groups: those directly utilized in central metabolism such as sugars and electron donors/acceptors, and those essential nutrients necessitating biosynthesis or uptake like amino acids, cofactors, and vitamins. Regarding the central metabolism, cross-feeding establishes trophic levels, where primary degraders hydrolyze complex polysaccharides, releasing oligo- and monosaccharides accessible to other species.

Primary fermenters either liberate these sugars independently or obtain them from other microbes. They channel these sugars through glycolysis, where the resulting PEP is utilized for substrate-level phosphorylation for SCCs (formate, acetate, succinate) or alcohols (*e.g.* 1,2-propandiol) generation. Subsequently, secondary fermenters utilize these by-products through various fermentative or respiratory pathways of their own, producing SCCs (acetate, *n*-butyrate, propionate) including acetate, butyrate, and propionate. Lastly, H<sub>2</sub>

generated by primary/secondary fermenters acts as an electron donor for sulfate-reducing bacteria, methanogens and acetogens [77].

In the colon, carbohydrate fermentation is the central energy-generating process for most intestinal microbes, which also in the results in incompletely oxidized organic compounds and reduced fermentation products serve as terminal electron acceptors. Terminal electron acceptors are needed to recycle energy carriers (ATP, NAD<sup>+</sup>, FAD<sup>+</sup>). The whole metabolism is based on redox reactions, where the oxidation of one metabolite is coupled to the reduction of another one. During the colonic fermentation process, the reoxidation of reduced coenzymes NADH and FADH<sub>2</sub> maintains the redox balance and leads to the formation of H<sub>2</sub> [3]. During the microbial metabolism of carbohydrates and proteins, the production of  $H_2$  is an efficient mechanism to dispose of the generated reducing power. In parallel, any accumulation of H<sub>2</sub> needs to be avoided because a rise in the partial pressure thermodynamically restricts further anaerobic fermentation in the colon. As described in section 2.2.2 Microbe-Microbe Interactions and Metabolic Fluxes, H<sub>2</sub> from bacterial fermentation is primarily derived from three different reactions (Figure 6A). One reaction is the reoxidation of pyridine and flavin nucleotides, which involves the ferredoxin oxidoreductase and hydrogenase enzymes. The other two reactions are the cleavage of pyruvate to formate by the formate hydrogen lyase and the generation of H<sub>2</sub> from pyruvate through the enzymes pyruvate: ferredoxin oxidoreductase and hydrogenase [3, 70].

H<sub>2</sub> can be efficiently removed with H<sub>2</sub> excretion in flatus and breath (15-20% of H<sub>2</sub> for each route). In addition, H<sub>2</sub> accumulation and a rising partial pressure can also be prevented by H<sub>2</sub>-consuming (hydrogenotrophic) microbes. Generally, any metabolic process aims to generate products with a high energy yield. Thus, H<sub>2</sub> must be removed to shift the fermentation to more oxidized end products. Briefly, a sufficient exergonic reaction is enabled by an interaction of microbes that produce H<sub>2</sub> to maintain the redox balance and other microbes that utilize H<sub>2</sub> to keep the H<sub>2</sub> partial pressure low. This effect is called H<sub>2</sub> syntrophy and relies on the production and the removal (consumption) of H<sub>2</sub>.

#### 2.3.1. Interspecies H<sub>2</sub> Transfer

During the fermentation of organic matter, interspecies H<sub>2</sub> transfer is a mutually beneficial and unidirectional process where molecular H<sub>2</sub> (reducing equivalent) produced by hydrogenogenic microbes is transferred to and oxidized by a group of hydrogenotrophic microbes. Because very little energy is available from specific substrates, microbial communities have adapted to conserve small quantities of energy across a charged membrane from one microbe to another microbe(s). This is the principle of a syntrophic microbial relationship [8]. The classic definition of syntrophy refers to a metabolic interaction between dependent microbes (= microbial partners) and is based on close proximity in a microbial community. In other words, syntrophy is obligatory mutualistic catabolic metabolism where microbes share essential metabolic products. The metabolic product of one microbe serves as a substrate for another microbe. Besides substrates, a syntrophic microbial community shares growth factors, vitamins, and electrons. Furthermore, removing toxic products or thermodynamic constraints can also define microbial syntrophy [82, 83].

Molecular H<sub>2</sub> serves as a crucial electron sink in numerous pathways facilitating anaerobic growth. In these microbes, proton reduction is linked to the oxidation of ferredoxin, formate, NADH, and FADH<sub>2</sub>, leading to H<sub>2</sub> production. However, the low redox potential of H<sup>+</sup>/H<sub>2</sub> implies that these reactions are favorable only under low H<sub>2</sub> partial pressure, as its accumulation can impede or hinder growth, typically by restraining NADH oxidation. The elimination of H<sub>2</sub> by partner bacteria or archaea, known as interspecies H<sub>2</sub> transfer, holds paramount importance for the growth of these bacteria and stands as a classic illustration of syntrophy. In H<sub>2</sub> syntrophy, H<sub>2</sub> never joins the dissolved H<sub>2</sub> pool due to interspecies H<sub>2</sub> transfer [83, 84]. Thus, the whole anaerobic fermentation process is thermodynamically feasible. Methanogenesis and sulfate reduction are processes for terminal electron acceptance where H<sub>2</sub> is oxidized and the electrons are transferred to CH<sub>4</sub> (methanogenesis) or H<sub>2</sub>S (sulfate reduction). These reactions consume less energy (**Table 1**). Thus, several microbes share available energy products. During reductive acetogenesis, H<sub>2</sub> and CO<sub>2</sub> are conserved into cell carbon. This process is called the Wood-Ljungdhal pathway.

	Methanogens		Sulfate-reducing Bacteria	Acetogens
	Methane producers	Non- Methane Producers		
CFU/g in human feces	10 <sup>9</sup>	10 <sup>4</sup>	10 <sup>3</sup> to 10 <sup>11</sup>	10 <sup>2</sup> to 10 <sup>8</sup>
Utilization of H <sub>2</sub>	$4H_2 + CO_2$ $\rightarrow CH_4 + 2H_2O$		$4H_2 + SO_4^{2-} + H^+ \rightarrow HS^- + 4H_2O$	$\begin{array}{r} 4\mathrm{H}_2 + \ 2\mathrm{CO}_2 \rightarrow \\ \mathrm{CH}_3\mathrm{COO^-} + 2\mathrm{H}_2\mathrm{O} + \mathrm{H^+} \end{array}$
ΔG <sup>oʻ</sup> [kJ/mol]	-131.0		-152.2	-95.0
H₂ Threshold [ppm]	30-100		10-20	400-950

Table 1: The competition between hydrogenotrophs in the human gut [8, 29]

In the colon, oxidation of H<sub>2</sub> by sulfate-reducing bacteria ( $\Delta G^{0'} = -152.2 \text{ kJ/mol}$ ) is energetically more favorable than by methanogenesis ( $\Delta G^{0'} = -131.0 \text{ kJ/mol}$ ). An important acetate production resulting from H<sub>2</sub>-dependent CO<sub>2</sub> reduction is only observed without methanogenesis. H<sub>2</sub>/CO<sub>2</sub> acetogenesis (4H<sub>2</sub> + 2CO<sub>2</sub>  $\rightarrow$  CH<sub>3</sub>COO<sup>-</sup> + H<sup>+</sup> + 2H<sub>2</sub>O) has a  $\Delta G^{0'}$  of -95.0 kJ/mol and is, thus, less efficient than either sulfate reduction or methanogenesis (**Table 1**) [29, 85-88].

#### 2.3.2. <u>Hydrogeneses – Metalloenzymes for H<sub>2</sub> Disposal in the Human Gut</u>

Hydrogenotrophic microbes are the major players of the central molecular H<sub>2</sub> cycle in the human gut and thus are responsible for the GI tract's metabolic homeostasis. The evidence is rising that imbalances in the colonic H<sub>2</sub> metabolism influence colorectal cancer, gastrointestinal infections, obesity, and inflammatory bowel diseases [3, 8, 89]. Thus, investigations of the human colonic H<sub>2</sub> metabolism are becoming increasingly important. The reversible oxidation of molecular H<sub>2</sub> is performed by metalloenzymes called hydrogenases. Archaea, bacteria, and eukarya possess these ubiquitous enzymes and their variants adapted to anaerobically and anaerobic environments [90, 91].

Hydrogenases have great phylogenetic diversity and can be subdivided into three distinct classes. The subdivision is based on the metal side of the hydrogenases. Therefore, [NiFe],

[FeFe], and [Fe] hydrogenases are distinguished. A comprehensive classification, which correlates the primary phylogeny of these enzymes with their functions, showed that these three main groups can be further distinguished. It was found that [NiFe]-hydrogenases can be subdivided into four groups, including 22 subgroups. In the case of [FeFe] hydrogenases, three groups and six subtypes can be functionally distinguished [91]. [FeFe] -hydrogenases represent a small homogenous group of these enzymes, whereas the diversity of hydrogenases from the classes of [NiFe]- and [FeFe]-hydrogenases is much larger. Their functions in anaerobic environments are hydrogenotrophic respiration, hydrogenogenic respiration, hydrogenogenic fermentation, electron bifurcation, and sensing. Due to the enzymatic functionality, these hydrogenases will likely be located in the human colon [91]. Wolf et al. (2016) showed that two-thirds of all microbial species (343) included in the Human Microbiome Project Gastrointestinal Tract harbor hydrogenases. 60% of the investigated microbes encode for [FeFe] –hydrogenases and 21% for [NiFe]– hydrogenases (Figure 7). All representatives of Clostridiales and Bacteroidaceae harbor [FeFe] –hydrogenases genes, as well as some microbes of the kingdom Proteobacteria, Fusobacteria, Actinobacteria, and Synergistetes (Figure 7).





From the Human Microbiome Project Gastrointestinal Tract genome database, it was determined that, in total, 343 microbial species from 11 different phyla harbor hydrogenase sequences. Figure from [24]

Furthermore, it was found that [NiFe]–hydrogenases genes are present but unevenly distributed in all microbial phyla relevant to the human gut microbiome, except Fusobacteria. In contrast, Bacilli and Bifidobacteria do not harbor hydrogenase genes. Wolf *et al.* (2016) also showed that the most abundant hydrogenase genes encoded for [FeFe]–

hydrogenases mediate H<sub>2</sub> production, flavin-based electron-bifurcation, and possibly H<sub>2</sub> sensing. The analysis of [NiFe]–hydrogenases showed that the functionalities of the encoded genes are more diverse. These genes are involved in the H<sub>2</sub> oxidation coupled with physiologically relevant electron acceptors (sulfate and fumarate). In addition, enterobacteria-type hydrogenlyases were detected, a subgroup of [NiFe]–hydrogenases, and couple formate oxidation to H<sub>2</sub> production and methanogenic Eha, Ehb, and Ech hydrogenases. These methanogenic hydrogenases form proton/sodium-translocation respiratory chains, which couple ferredoxin oxidation to proton reduction reversible. The study showed that the H<sub>2</sub> cycle is dominated by [FeFe]–hydrogenases from Bacteroidetes and Firmicutes from the human gut, while Bacteroidetes hydrogenase genes are more abundant than those in Firmicutes [24].

## 2.4. Bioelectrochemistry: An Approach to Study Hydrogen Syntrophy

#### 2.4.1. Introduction to Compartments of a BES

In bioelectrochemistry, BESs convert chemical energy into electric energy. This process can be used for energy storage and bioelectrosensors, but also to study microbial interactions [92]. Any BES is divided into a working chamber and a counter chamber. In the working chamber, when operated in the anodic mode, oxidation of an organic compound takes place, which results in the formation of protons and electrons. Simultaneously, protons are being reduced in the counter chamber while the electrons (negative charge) travel from the anode to the cathode *via* a connection site (*e.g.*, silver wire). An ion transport system enables the transport of protons and cations (positive charge) from the anode to the cathode via a connection site electroneutrality and expresses the fact that zero net charge is carried. It is also possible to transfer anions from the cathode to the other, the working and counter chambers are separated by a membrane barrier. This barrier only allows selective ions, such as protons, to pass. Furthermore, the resulting electron stream is measured against a reference electrode. The reference electrode is the third principal part of a BES [93].

#### 2.4.2. Electrode Materials

Depending on the application, various electrode materials are available. An electrode material needs to fulfill the following characteristics: i) electrical conductivity; ii) corrosion resistance; iii) high mechanical strength; iv) biocompatibility; v) developed surface area; vi) environmentally friendly; and vii) low costs [94, 95]. Mainly, carbonaceous- and metallic-based materials are used as electrodes. Carbonaceous materials include carbon brushes, carbon cloth, carbon veil, carbon paper, carbon rods, carbon mesh, carbon felt, carbonized cardboard, granular activated carbon, and graphite plates [96]. The most common carbonaceous material is carbon cloth. Its major advantages are the high surface area, relatively high porosity, and high electrical conductivity. Besides that, flexibility, mechanical strength, and complex 3D structures contribute to many applications in BESs [97, 98].

On the one hand, microbial electrochemistry relies on biocompatibility, which describes the interaction of microbes with the electrode surface. On the other hand, electron transfer mechanisms and environmental parameters of microbial colonization shape the performance of a BES. The general idea of a BES is the exchange of microbial-generated electrons with solid substrates (electrodes). Specifically coated electrodes in the anode compartment, for example, with platinum, can act as a (metal-) catalyst to oxidize H<sub>2</sub> produced from microbes, which leads to the generation of protons and electrons [99-101].

#### 2.4.3. Metal Catalysts that Enable H<sub>2</sub> Oxidation

One essential component of a BES is the anode. Structurally and functionally, it can act as a site for bacterial attachment in, for example, microbial fuel cells and as an intermediate electron acceptor. The major limitation of the anode is often the interior conductibility. Commonly used anode materials are, besides the previously named materials, for example graphite, activated graphite felt, graphite foil, graphite felt, carbon-cloth, carbon paper, activated carbon-cloth, Pt, Pt-black, tungsten carbide, and reticulated vitreous carbon. Its inherent hydrophobic character can limit the anode function from functioning correctly and prevent microbial adhesion. However, lab protocols, such as autoclaving, have been developed to circumvent this problem.

Besides the insufficient electron transfer, surface fouling can also be a considerable challenge. By using different anode materials in combination with material modifications, for example, by coating with conductive materials, the problems have been solved to lead to a better bacterial attachment and increase the electron transfer rate. Thus, substrate metabolism and extracellular electron transfer are enhanced by material modifications to improve electrical conductivity. [102-104].

Pt and Pt-black electrodes perform better in comparison to carbon-cloth or graphite variants. Besides improving the overall electrode performance, metals, such as Pt, can also act as catalysts. These specifically coated electrodes are called electrocatalytic electrodes. Niessen *et al.* (2006) showed in their experiments with *Escherichia coli, Clostridium butyricum*, and *Clostridium beijerinckii* that electrodes coated with Pt-PFFA have a better catalytic property towards H<sub>2</sub> oxidation in comparison to Pt-coated electrodes [101, 105].

#### 2.4.4. Mechanisms Involved in Electron Transport

The interaction of a microbial cell and an electrode can be of a capacitive or Faraday nature. In a capacitive interaction, the double-layer capacity of an electrode is changed by the attachment or detachment of a microbial cell. The lipid layer of the cell membrane displaces water molecules and ions from the double layer of the electrode due to microbial cell attachment. It leads to a flow of the charge-balancing (capacitive) electric current. Oxidation and reduction processes of microbial cells or molecular species are part of microbial extracellular electron transfer and belong to Faraday's nature. Microbial extracellular electron transfer chain.

In a BES, electrons can be either transferred directly (**Figure 8**) or indirectly (= mediated, **Figure 9**) to the electrode. Direct electron transfer occurs between the outer membrane of an electro-active microbe and the electrode. Synonyms for electro-active microbes are electricigens, anode-respiring bacteria, and exoelectrogenic bacteria at anodes, and electrotrophes at cathodes [99, 106-108]. The microbe is near the electrode, which means a permanent attachment at the electrode in the form of a biofilm formation (**Figure 8A**). Mediated electron transfer is based on molecular redox compounds that act as electron carriers (**Figure 9A-B**). In technical systems, microbial redox mediators (*e.g.,* flavins or phenazines) are more common than artificial redox mediators.



## Figure 8: Direct electron transfer in anodic bioelectrochemical half-cell

(A) Electron transfer at a biofilm anode, (B) *via* microbes in suspension, or (C) *via* capacitive microbes in biofilm particles. Figure was adapted from Schröder, Harnisch and Angenent (2015)



## Figure 9: Mediated electron transfer in different anodic bioelectrochemical half-cell

(A) Integrating microbes in the bioelectrochemical half-cell, or (B) separating microbes from the bioelectrochemical half-cell. Figure was adapted from Schröder, Harnisch and Angenent (2015)

Type-c cytochromes and conductive pili or bacterial nanowires are known for the direct transfer of electrons across the membrane. One example of a direct electron transfer was demonstrated with *Geobacter sulfurreducens*. It could be clearly demonstrated by the model microbes that direct transfer is accomplished by cytochrome c membrane proteins (*e.g.*, MacA, PpcA, OmcB, OmcA, and OmcS) across the inner membrane, the periplasm, and the outer membrane to the electrode surface [106, 109-111]. The knowledge about direct electron transfer can be used to study microbial syntrophic relationships that rely on interspecies H<sub>2</sub> transfer. Guzman *et al.*, 2019 designed a BES that allows the investigation and the enrichment of H<sub>2</sub>-producing syntrophic bacteria [112].

#### 2.4.5. Design and Development of a BES to Oxidize H<sub>2</sub>

The idea of a BES is to study and enrich H<sub>2</sub>-producing syntrophic microbes by Guzman *et al.* (2019) was to develop a design based on the concept of a close physical contact of the microbe with the anode. The anode oxidizes the biologically produced H<sub>2</sub>, and the resulting electrons can be recorded as generated current. This approach is called H<sub>2</sub>-removing anode and was implemented to compete with the methanogen in the syntrophic microbial partnership.

BESs are used in environmental and biotechnological applications for waste treatment as a biotechnology platform for producing valuable chemicals and energy generation. Furthermore, electrochemical activity within the microbial culture can be studied using a BES. The development of a BES to study microbial syntrophy was developed by Guzman *et al.* (2019) in three steps. First, the maximum H<sub>2</sub> concentration to select for syntrophic bacteria was determined by mathematical modeling. The H<sub>2</sub> threshold is 51 nM in the bulk liquid, where both the syntrophic bacterium and the methanogenic partner could grow at identical rates. Thus, a lower H<sub>2</sub> concentration (< 51 nM) would promote the growth of the syntrophic bacterium, and higher H<sub>2</sub> concentrations (> 51 nM) the growth of the methanogen. Second, the maximum distance of the microbe away from the H<sub>2</sub>-oxidizing electrode was evaluated by mathematical modeling to provide a growth advantage for the syntrophic (H<sub>2</sub>-producing) microbe over the methanogen (H<sub>2</sub>-consuming) within the BES. The model showed that 1 mm is the maximum space away from the anode. The third step was to enrich a syntrophic (H<sub>2</sub>-producing) bacteria. Here, the microbial-produced H<sub>2</sub> can be

measured as current and relies on oxidation at a Pt-coated anode. The basic idea of this system was to separate the never-before-separated co-culture of Syntrophomonas zehnderi and Methanobacterium formicicum where S. zenderi grows only in the presence of M. formicicum. Guzmann et al. (2019) were able to enrich S. zenderi from the co-culture in the electrochemical system and a detectable increase in electric current was found when microbial H<sub>2</sub> was provided to the electrode (Figure 10). To ensure that the electrical current was generated due to anaerobic conditions, O<sub>2</sub> was introduced into the system, and a decrease in the current was detected (Figure 10). A short and minimal exposure to O<sub>2</sub> did not harm the activity of both microbes [112].





The increased detected current verified that the syntrophic acetogens, *S. zenderi*, provided  $H_2$  to the anode rather than to the methanogen. The baseline current was measured at about 7.5 \*10<sup>-1</sup> µA and increased throughout the batch operation period to 3.2 µA at the end of the first batch period. However, the performance of the BES need to be improved to achieve a statically relevant data set. Furthermore, an upgraded reactor architecture is necessary that allows continuous enrichment while maintaining a close interaction of the

microbes with the electrode to adhere to the ultimate goal to isolate syntrophic microbes from a natural microbiota.

#### 2.4.6. Microbial Electrochemistry

The interaction of living microbial cells and electrodes defines microbial electrochemistry. This research field utilizes microbial fuel cells that convert chemical energy from, for example, wastewater into electric power. Furthermore, microbial electrochemical technology also uses the know-how of derivative technologies such as microbial electrolysis cells, photomicrobial fuel cells, microbial electrosynthesis, desalination cells, and biocomputing [113].

The nature and the degree of interaction define the type of microbial electrochemical technology. A distinction is drawn between primary and secondary microbial electrochemical technology. Primary microbial electrochemical technology belongs to the field of microbial electrochemistry (e.g., Faraday or capacitive interactions of microbes and electrodes). Extracellular electron transfer (direct or mediated) to an electrode by such as electroactive microbes is one of the extensively studied processes in this field [99, 106, 108, 114-118]. Nowadays, BESs are used as a synonym for primary microbial electrochemical technology. Still, BESs also consider the fields of enzymology, microbiology, DNA, protein chemistry, and neuro-electro-chemistry. In secondary microbial electrochemical technologies, the biological system is connected to an electrochemical cell to control microbial processes or environmental parameters. Secondary microbial electrochemical technology focuses on indirect interactions. Here, the reaction environment of microbes and electrochemical processes is indirectly influenced by pH, oxygen partial pressure, and metabolites, such as microbial substrates and products. Besides, the electrochemical system must be close to the microbial system to be counted as a secondary microbial electrochemical technology. The applied electrode potential can differentiate between primary and secondary microbial electrochemical technology. Strong positive or negative potentials (high voltages) indicate secondary microbial electrochemical technology. In contrast, primary microbial electrochemical technology only considers electrode potentials within the physiological and thermodynamical range of the microbe or microbial

community. For both systems, any microbial electrochemical technology consists of at least two electrodes – an anode for oxidative reactions and a cathode where reduction occurs.

The field of microbial electrochemistry can be used to study and explain processes observed in, for example, geomicrobiology. The interaction of microbes with electron conductors can be either capacitive or Faraday's nature. If microbes attach to the electrode, water molecules and ions are displaced from the double layer, which leads to a diminishing electrochemical (double layer) capacity. This leads to a flow of a charge-balancing (capacitive) electric current. Microbial oxidation and reduction reactions are the major characteristics described by Faraday's process. Thus, any microbial species involved in microbial extracellular electron transfer can be investigated theoretically. All microbes require a physiological environment to live and grow. Therefore, microbial electrochemistry should occur at physiologically important potentials and depends on the microbes used in the setup. In detail, the applied potential should not be either too positive for anodic activities or too negative for cathodic activities. Both approaches would cause the degradation of physiologically essential biomolecules and harm the microbe or a whole microbial community. Aerobic and anaerobic systems need to be distinctively considered because the presence of oxygen leads to high redox potential, which anaerobic microbes cannot tolerate. Aerobic systems can manage an anodic potential of +0.6 V vs. SHE. This potential would cause a degradation of cytochrome c proteins in the microbial cell wall of anaerobes. To overcome this discrepancy, METs are designed as physiological technology, which unites electrochemical interactions with the environmental physiology of microbes [113, 117, 119].

## 2.5. DNA Sequencing

#### 2.5.1. DNA-Sequencing Approaches

Studying the smallest building blocks of microbes living in the BESs is necessary to understand the underlying metabolic pathway and the different protein expression levels. Nucleic acids in a polynucleotide chain are arranged in genes and further translated into amino acids that are the building blocks of proteins, regulate the lives of every organism, and make up the DNA. Thus, DNA sequencing tells us about gene availability to identify and classify microbes. Furthermore, the identification of genes allows us to manipulate the genetic information to knock out, overexpress, or mutate a gene to achieve a particular characteristic or expression of a foreign gene.

After Watson and Crick successfully solved the three-dimensional structure of the DNA molecule in 1953 and understood the function of ribonucleases, Robert Holley and Fred Sanger developed a technique based on radiolabeled partial-digestion fragments. Further sequencing techniques had been developed following the first steps of DNA sequencing. DNA sequencing strategies are divided into first-, second-, and third-generation DNA sequencing. First-generation sequencing comprises Sanger, Maxam-Gilbert, and Sanger's chain-termination sequencing. These techniques are based either on radio- or fluorescent-labelled ddNTP nucleotides. If one ddNTP was incorporated into the consensus DNA strand, the reaction of DNA polymerization was stopped, and base by base could be detected to encode the base sequence. The major feature of first-generation sequencing is the read-length ability of 1000bp with 99.999% accuracy. [120, 121].

Due to the disadvantages of high costs and low throughput, second-generation sequencing became more popular. Here, no radio- or fluorescent-labeled dNTPs or oligonucleotides were used. Besides the increases in sequencing throughput, the read length of the sequenced DNA was much shorter than that of the first generation. The principle behind this approach is a luminescent methodology, where pyrophosphate synthesis during DNA polymerization is used to visualize and realize the base sequence [122]. Sanger's dideoxy and the second-generation pyrosequencing method are categorized as sequence-bysynthesis techniques, which require the reaction with the DNA polymerase and limit both approaches.

Finally, third-generation sequencing is the third and latest approach for DNA sequencing. Third-generation sequencing is also known as long-read sequencing. It is characterized by single-molecule sequencing (SMS), real-time sequencing, simple divergence from previous technologies, and circumventing the requirement of DNA amplification [123]. Pacific Bioscience (PacBio) and Oxford Nanopore Technologies are two examples of companies that have developed different third-generation sequencing technologies. PacBios' sequencing platform does single molecule real-time sequencing (SMRT), where DNA polymerization occurs in arrays of microfabricated nanostructures called zero-mode waveguides (ZMW). These ZMW nanostructures are tiny little holes in a metallic film on a chip platform and allow the visualization of single fluorescence molecules close to the bottom of the ZMW. These processes will enable the sequencing of single DNA molecules in a very short time. The potential of nanopore sequencing, where DNA and RNA molecules can be driven across a lipid bilayer through large  $\alpha$ -hemolysin ion channels by electrophoresis, was known before second-generation sequencing had emerged. In principle, detecting bases that pass through the ion channel blocks the current flow by decreasing the current for a length of time proportional to the length of the nucleic acid molecule. Oxford Nanopore Technologies was the first company to offer nanopore sequencing. More information about nanopore sequencing can be found in section 2.5.3, Nanopore Sequencing.

#### 2.5.2. 16S rRNA Gene Sequencing

Besides the claim, having an entire genome sequenced, microbes can be differentiated by 16S rRNA gene sequencing. This approach is mainly applied to bacteria and archaea and uses the 16S gene locus of the rRNA. 16S rRNA gene sequencing is used for phylogenetic surveys of microbial communities. Here, the similarity of a ribosomal gene, whose sequence is known and stored in a database, decides whether one microbe is taxonomically the same, closely related, or far related to another microbe in a phylogenetic tree. A phylogenetic or evolutionary tree is a branching diagram (=tree) demonstrating the similarities and differences of various microbes in their genetic characteristics and evolutionary relationship. By evolution, microbess have either 16S or 18S rRNA genes that are conserved. Conserved genetic sequences across the entire genome are found in housekeeping genes and are widely distributed among different organisms. One of these genes is the small subunit (16S) ribosomal RNA gene, representing a taxonomic genomic marker [124]. The 16S rRNA gene subunit is divided into variable regions, flanked by conserved stretches in most microbes. Conserved regions are used as a target for PCR primers during sequencing, whereas variable regions provide species-specific information necessary for identification. The length of these RNA genes is around 1500 base pairs, and the characteristics are merged to be specific enough for the identification and differentiation of microbes and short enough to allow easy sequencing.

The identification of unknown microbes follows the protocol of: 1) amplification of the conserved stretch within the 16S rRNA gene locus by specific primers; 2) calculation of the genetic distance between pairs of microbes in the dataset gives a matrix of similarities; 3) construction of a phylogenetic tree by aligning sequences from different microbes; and 4) further analysis of the matrix by, for example, neighbor-joining method. [125].

The major advantages of 16S rRNA gene sequencing are the abundance of 16S rRNA gene locus and the existing methodologies to develop phylogenetic trees across different taxa. On the other hand, 16S rRNA gene sequencing also has some disadvantages. The variation of the 16S rRNA gene copy number *per* genome among strains, the amplification bias, which leads to un-reliable relative abundances, and the overestimation of the diversity of genes. Furthermore, if the resolution of the 16S rRNA gene is too low, differentiation of closely related species is impossible. Nowadays, the microbiome research area is moving away from 16S utilizing sequencing to more comprehensive and functional sequencing approaches of whole genome and shotgun metagenomics sequencing to overcome the disadvantages of 16S rRNA gene sequencing.

#### 2.5.3. Nanopore Sequencing

Nanopore sequencing is, perhaps, the most anticipated area in the field of third-generation sequencing. This technique uses nanopores to detect and quantify biological and chemical molecules. A lipid-bilayer of large  $\alpha$ -hemolysin ion channels is the primary interaction site for this methodology. By electrophoresis, RNA or DNA molecules that pass through the channel block the ion flow. This decreases the current for some time proportional to the length of nucleic acids [126, 127]. The principle of nanopore sequencing is based on the differences in the bases, where each of them prevents the membrane's ion flow distinctively (when the molecule passes through the nanopore) (**Figure 11**). By monitoring the current, the sequence of the DNA molecule can be inferred at each channel of the nanopore sequencing device [123, 128, 129].

The MinION and GridION platforms of Oxford Nanopore Technologies (ONT) were the first nanopore sequencing devices on the market [130-132]. A gigabase of DNA reads can be generated by the MinION instrument, whereas the GridION is designed for genome-scale sequencing. Both provide individual nanopores embedded within a synthetic membrane.

Changes in the current caused by different nucleotides are further translated into base sequence data (**Figure 12**) [130].



#### Figure 11: Nanopore DNA sequencing

The possessive enzyme (†) denatures the double-stranded DNA, which further ratchets one of the strands through a biological nanopore (‡). The nanopore (in grey) is embedded in a synthetic membrane where a voltage is applied. Figure from Heather and Chain, 2016



#### Figure 12: Separation and detection of nucleotides during nanopore sequencing

(a) Recording of residual pore current in pA of a single channel: nucleotides that pass the nanopore and induce a change in the current of the electric field. (b) The colored bands represent the residual current distribution for each nucleic acid, the Peak position of DNA bases. The residual current histogram of a nucleotide bound in a single channel. Figure from Clarke *et al.* (2009)

The MinIon platform can obtain ultra-long reads of up to 100 kb. In comparison, by Sanger sequencing, up to 1200 bp can be achieved, and MiSeq Illumina systems can achieve up to 300 bp. Besides that, ultra-long reads can be generated by MinIon sequencing; the circumventing of DNA or RNA amplification, rapid real-time of 48 h, ultra-long DNA reads,

and high-quality results are the key features of Oxford Nanopore MinION sequencing [130, 131, 133]. All these advantages together, in combination with high read depth and accuracy afforded by short-read sequencing, nanopore sequencing represents the best opportunity for decentralized sequencing away from core services that are common today. Core facilities offer a full sequencing service from DNA extraction to the data analysis of the sequencing output.

# Chapter 3 Development of the BES and Proof of Concept of H<sub>2</sub> Removal with *C. minuta*

## 3.1. Abstract

Very little is understood about the H<sub>2</sub> economy of the human gut; therefore, interspecies H<sub>2</sub> transfer and microbial syntrophy have become increasingly important to fill one gap in understanding the entire human gut microbiome. C. minuta, which is one prominent member of the *Christensenellaceae* family, was already isolated from the human gut and is an  $H_2$ -producing microbe. In co-cultures of *C. minuta* and *M. smithii*,  $H_2$  production supports  $CH_4$  formation by the methanogen [4]. Due to thermodynamic limitations,  $H_2$ accumulation predicts a microbial syntrophy in which carbohydrate degradation can only occur when a microbial partner consumes  $H_2$  simultaneously [134]. The major questions are: how do these syntrophic microbes transfer molecular  $H_2$  in the gut, and how do they benefit from it? We developed a BES for this investigation, mimicking a syntrophic microbial partner that takes up H<sub>2</sub>. The BES provides a Pt/C-doped working electrode and a close interaction site of microbes with the working electrode where H<sub>2</sub> is actively removed by oxidation. Thus, it provides an environment favored by H<sub>2</sub>-producing, carbohydrate-degrading bacteria. For proof of concept, C. minuta was used as an H<sub>2</sub>-producing microbe. We found a shift of the fermentation products of *C. minuta* towards more acetate and less n-butyrate under conditions when the BES removed H<sub>2</sub>. Furthermore, we found by scanning electron microscopy that C. minuta adhered to the Pt/C-doped working electrode as a biofilm. The outcomes of this study are essential to developing an isolation approach for gut microbes without requiring a microbial (syntrophic) partner. Culturing C. minuta in the BES will help further investigate and potentially isolate gut microbes that hide from lab cultivation. Furthermore, this supports our ultimate goal of understanding human gut microbes better.

## 3.2. Introduction

Besides the considerable knowledge about the interactions of gut microbes with the host, less is understood about the microbe-microbe interactions—especially in the human gut's H<sub>2</sub> economy. H<sub>2</sub> is one of the end products of carbohydrate fermentation and plays a central role in microbial metabolism because it acts as an electron sink. In addition, H<sub>2</sub> can also be used as a source of energy by other microbes in the gut. Therefore, to fill a gap in our understanding of the entire human gut microbiome, interspecies H<sub>2</sub> transfer and microbial syntrophy have become increasingly important. There is a need to fill this gap with knowledge about microbes that are not accessible to standard laboratory cultivation. These microbes have the potential to give us a better understanding of interspecies H<sub>2</sub> transfer and a deeper insight into human gut metabolism and its overall community function. Syntrophic microbes in their community. Therefore, we need cultivation systems that mimic the natural environment of the human gut or that give only certain uncultivated microbes a growth advantage over others.

Colonic  $H_2$  metabolism is predominantly driven by fermentative  $H_2$  production from hydrogenogenic microbes and interspecies H<sub>2</sub> transfer [1, 2]. Research on mouse disease models reveals that microbial-derived H<sub>2</sub> exhibits potent anti-oxidative, anti-apoptotic, and anti-inflammatory properties [3]. Colonic H<sub>2</sub> metabolism imbalances may lead to H<sub>2</sub> accumulation, disrupting gut function and harming humans, necessitating preventive measures [1]. In colonic microbiome models, the group of microbes that metabolize and cross-feed H<sub>2</sub> are underrepresented and challenging to study due to inconsistencies and a low relative abundance in the human population [135]. Demonstrated and hypothesised effects of hydrogenotrophs on both the microbiota and the host are reported, with effects on carbohydrate fermentation, host adiposity, and correlations with the development of irritable bowel syndrome, inflammatory bowel disease, and colorectal cancer The main question is: How can H<sub>2</sub> syntrophy with bioelectrochemistry be revealed? Guzman et al. (2019) designed a BES to investigate and enrich syntrophic H<sub>2</sub>-producing microbes. The BES is based on the concept of close physical contact between the microbe and the working electrode. The working electrode oxidizes the  $H_2$  from anaerobic fermentation, and the resulting electrons can be recorded as generated current. This approach was implemented to compete with the methanogen in the syntrophic microbial partnership. Mathematical modeling was used to determine the maximum H<sub>2</sub> concentration that would select for syntrophic microbes. The H<sub>2</sub> threshold was found to be 51 M in the bulk liquid, where both the syntrophic bacterium and the methanogenic partner could grow at identical rates. Therefore, a lower concentration of H<sub>2</sub> (< 51 nM) would promote the growth of the syntrophic bacterium, while higher concentrations of H<sub>2</sub> (> 51 nM) would promote the growth of the methanogen. The study evaluated the maximum distance of the microbe from the H<sub>2</sub>-oxidizing electrode. This gives a growth advantage to the syntrophic microbe that produces H<sub>2</sub> compared to the methanogen that consumes H<sub>2</sub> in the BES. According to the model of Guzman *et al.* (2019), efficient H<sub>2</sub> oxidation takes place at a distance of 1 mm from the working electrode. By enriching a syntrophic bacteria that produces H<sub>2</sub>, Guzman *et al.* (2019) were able to measure the electric current produced by the bacteria's H<sub>2</sub> through oxidation at a Pt-coated working electrode. This resulted in a confirmed increase in electric current, indicating that the syntrophic acetogens provided H<sub>2</sub> to the working electrode instead of to the methanogen.

We continued this project, further optimizing the BES for the microbes to study of  $H_2$  syntrophy. To demonstrate the concept, we used *C. minuta* as the  $H_2$ -producing microbe to test the ability of the BES to consume  $H_2$  and to observe if *C. minuta* responded with a metabolic change to the  $H_2$  removal by the BES. After the BES removed  $H_2$ , *C. minuta* shifted its production towards less *n*-butyrate and more acetate. In comparison to the operating condition where  $H_2$  was added, in addition to the  $H_2$  produced by *C. minuta*, more *n*-butyrate was produced. In addition, biofilm formation was detected at the working electrode, demonstrating the biocompatibility of the BES.

## 3.3. Material and Methods

#### 3.3.1. Setup of the BES

The experimental setup of a BES consisted of two glass chambers equipped with a threeelectrode configuration (**Figure 13**). The two glass chambers are the working chamber equipped with a working electrode and a counter chamber containing a counter electrode(**Figure 13**). An ion exchange membrane separated the working electrode and the counter electrode, ensuring that *C. minuta* was only in contact with the working electrode in the working chamber of the BES. A three-electrode configuration of working electrode, counter electrode, and Ag/AgCl reference electrode was used to control the electrochemical potential, where it was set to  $E_i=350 \text{ mV} vs$ . Ag/AgCl for H<sub>2</sub> removal by oxidation or to  $E_i=-650 \text{ mV} vs$ . Ag/AgCl for H<sub>2</sub> evolution at the working electrode. Both electrodes, working electrode and counter electrode, were made of carbon cloth and had a size of 122 cm<sup>2</sup>. The working electrode was doped with 4 mg/cm<sup>2</sup> of platinated carbon (10%) which was spray-coated on both sites of the carbon cloth for oxidation or evolution of H<sub>2</sub> from or to the microbes. For the reference electrode, we used an Ag/AgCl reference electrode composed of a metallic silver wire coated with silver chloride embedded in 3 M potassium chloride and 0.7 g agarose. The Nafion 117 membrane was activated by 1 M sulfuric acid for 24 h and equilibrated in a salt solution (85.5 mM sodium chloride, 16.9 mM disodiumphosphate \*2H<sub>2</sub>O, 41.9 mM sodium bicarbonate) for 24 h before the assembly of the BES to ensure good chemical stability *prior* the assembly.

The BESs (n=3), including the electrodes and the ion-exchange membrane, were assembled in their sandwich configuration and sterilized at 121°C for 20 min under aerobe conditions. After autoclaving, the chambers of the BESs were filled with anaerobic, reduced media and sparged with N<sub>2</sub>:CO<sub>2</sub>. The BES has a working volume of 21 mL in both, working and counter, chambers (**Figure 13**). The BES was designed to minimize the space between the microbes and the working electrode. Therefore, the distance between the microbes and the electrode was approxumately 1 mm.



Figure 13: BES reactor setup for the cultivation of *C. minuta* under  $H_2$  oxidation or evolution reactions at the working electrode

The BES consists of a working and counter chamber, separated by an ion exchange membrane (Nafion-117). Equipped with a three-electrode configuration, a working electrode ( $E_{we}$ ), counter electrode ( $E_{ce}$ ), and a reference electrode ( $E_{ref}$ ), a constant potential can be applied to the BES for either H<sub>2</sub> oxidation ( $E_i = 350$ mV vs. Ag/AgCl) or evolution ( $E_i = -650$ mV vs. Ag/AgCl). A potentiostat controls the electrode potential. The working electrode is coated with Pt/C (10%) for catalytical H<sub>2</sub> oxidation or evolution reactions. *C. minuta* was cultivated in the working chamber at the working electrode.

### 3.3.2. Cultivation and Growth of C. minuta

*C. minuta* was thawed from -80°C cryo stocks and precultured in anaerobe 50 mL Brain Heart Infusion Broth (BHI) (VWR) media in serum bottles with one transfer *prior* to inoculation to the BESs. Brain Heart Infusion Broth (pH 7.4) was buffered with 15g/L PIPES (Sigma) and sparged with N<sub>2</sub>:CO<sub>2</sub>. After sparging with N<sub>2</sub>:CO<sub>2</sub>, L-cysteine-HCL (Sigma) was added to a final concentration of 5 mM to obtain reduced media conditions. The start OD was calculated to be 0.01 from a growing preculture that we measured spectrophotometrically (NanoDrop Photometer NP80, Implen).

#### 3.3.3. Operation of the BES

Three BESs (R1-R3) with *C. minuta* were operated for more than 1704 h, where different operation conditions with regard to the removal or supply of H<sub>2</sub> were applied (**Figure 14** and **Figure 15**). In the establishment phase (before 1343 h), all three BESs (R1-R3) were operated under the same experimental setting. In the operating phase (after 1343 h) of the experiment, each BES was operated under a different operating condition to compare simultaneously different experimental settings. The experiment started with an enrichment phase, where we tested the operation conditions of with H<sub>2</sub> removal, with H<sub>2</sub> supply, and without electrochemistry (**Table 2**) in parallel in all three BESs and how *C. minuta* respond to the different operating conditions. In the beginning of the enrichment phase we started with a batch cultivation with *C. minuta* of 96 h without electrochemistry, where the BESs are not connected to the potentiostat. After 96 h all BESs ran in continuous cultivation, and we switched between H<sub>2</sub> removal, H<sub>2</sub> supply, and without electrode under the operation by H<sub>2</sub> at the working electrode under the operating condition by H<sub>2</sub> at the working electrode under the operation period than the with H<sub>2</sub> removal phases.

Operating condition	Abbreviation	Electrochemical potential
With H <sub>2</sub> removal	-H <sub>2</sub>	E <sub>i</sub> = 350 mV <i>vs</i> . Ag/AgCl
With H <sub>2</sub> supply	+H <sub>2</sub>	E <sub>i</sub> = -650 mV <i>vs</i> . Ag/AgCl
Without electrochemistry	w/o	Electrodes are disconnected from the potentiostat

Table 2: Operating conditions and electrochemical potentials

After the batch cultivation, we switched to continuous cultivation and H<sub>2</sub> supply for 216 h. In the next phase, H<sub>2</sub> was removed for 456 h and a follow-up with H<sub>2</sub> supply phase of 96 h. The phase without electrochemistry ran for another 120 h. Afterward, we cultivated *C. minuta* again at with H<sub>2</sub> removal for 287 h, which followed by another operation phase without electrochemistry for another 72 h. Over a period of 1343 h, we switched between the conditions of with H<sub>2</sub> removal, with H<sub>2</sub> supply, and without electrochemistry. This phase was the establishment phase for the *C. minuta* culture and the BESs.



## Figure 14: C. minuta cultivation in the BES

*C. minuta* was cultivated in three BESs under different operation conditions: without electrochemistry (w/o), with H<sub>2</sub> supply ( $E_i = -650$ mV vs. Ag/AgCl) (+H<sub>2</sub>), or with H<sub>2</sub> removal ( $E_i = 350$ mV vs. Ag/AgCl) (-H<sub>2</sub>). The three BESs ran as triplicates in the establishment phase, and the same operation condition was applied. In the final phase, R1 was set to -H<sub>2</sub>, R2 to w/o, and R3 to -H<sub>2</sub>.

Before 1343 h of cultivation, all three BESs were operated with the same experimental conditions (**Figure 14**). In the final phase (after 1343 h) of this experiment, each BES was operated under a different condition. R1 was operated with H<sub>2</sub> removal, R2 with H<sub>2</sub> supply, and R3 without electrochemistry. The final operation period had a duration over 361 h. The feed rate with BHI medium was set either to 1.75 ml/h (before 1488 h) or to 5 mL/h (after 1488 h)



Figure 15: Potentiostatic operation conditions of the BES

The cultivation of *C. minuta* was carried out under two different operating conditions: (A) with H<sub>2</sub> removal by oxidation ( $E_i = 350$ mV vs. Ag/AgCl), and (B) with H<sub>2</sub> supply by reduction ( $E_i = -650$ mV vs. Ag/AgCl). Both operating conditions took place at the Pt/C-doped working electrode.

## 3.3.4. Monitoring of Metabolic Product Formation by C. minuta

The production of SCCs and the presence of H<sub>2</sub> were monitored over the entire operation period of 1704 h. 300  $\mu$ L of gas from the BES was analyzed by an SRI gas chromatograph for trace concentrations of H<sub>2</sub> (6'13x Molsieve column, UV RDG detector, SRI Instruments). 1 mL was sampled from the cultivation broth and centrifuged at 19000 × *g* to separate biomass from supernatant containing SCCs. The supernatant was stored at -20°C for later analysis of SCC. SCCs (acetate and *n*-butyrate) were measured by gas chromatography (DB-FATWAX UI column, Agilent Technologies) using a six-level standard calibration curve where each standard contained 25  $\mu$ L of 30mM ethyl-lactate as internal standard and 475  $\mu$ L of a mixture of SCCs (Supelco) as external standards ranging from 0.475 - 9.5 mM for each SCC standard mixture. The SCC standard mixture contained acetate, propionate, iso-butyrate, *n*-butyrate, iso-valerate, *n*-valerate, iso-caproate, *n*-heptanoate, and *n*-caprylate. *Prior* analysis, 50  $\mu$ L samples were mixed with 425  $\mu$ L 2% formate and 25  $\mu$ L internal standard (1.5 mM ethyl-lactate). The pH was monitored using autoclavable, optical pH sensor spots (SP-HP5v3-D10-US-SA, Presens), which we attached to the inner side of the BES glass. O<sub>2</sub> concentrations were detected using autoclavable, optical O<sub>2</sub> senses (SP-PSt3-YAU-D10-YOP, Presens) to ensure anaerobic operating conditions. We glued both sensors on the glass with durable and heat-stable silicon glue (PreSens).

#### 3.3.5. Scanning Electron Microscopy (SEM) Imaging

SEM was used to investigate biofilm formation of C. minuta at the working electrode in all three BESs. Electrode pieces of 1x1 cm were placed into separate wells of a 6-well plate, each containing 2 mL of PBS. 25% electron microscopy-grade glutaraldehyde (GA) was added to each well for a final 2.5% concentration. The well-plate was covered with a lid that was secured with parafilm to avoid contamination or spillage. The samples were incubated for at least 24 h at 4°C to allow for thorough fixation of the bacterial cells. After incubation, the fixative solution was removed, and 25% ethanol was immediately added to each well. Note that the plate was always covered with a lid during incubations to prevent evaporation. The samples were incubated for 15 min at room temperature (ca. 21°C) after which the ethanol solution was removed. This dehydration procedure was repeated with 50, 75, and (3x) 100% ethanol with 15 min incubations for each concentration. A solution containing a 1:1 ratio of 100% ethanol and hexamethyldisilazane (HMDS) was then added to each well and incubated for 30 min. The ethanol: HMDS solution was removed after incubation, immediately replaced with 100% HMDS, and incubated for an additional 30 min. After incubation, the well-plate lid was placed slightly open to allow the HMDS to evaporate overnight. Once dry, each sample was attached to a 25 mm diameter aluminum stub using Tempfix adhesive (Plano GmbH) and coated with ca. 8 nm of gold using a BAL-TEC<sup>™</sup> SCD 005 sputter coater. The electrodes were imaged in secondary electron mode using a Zeiss Crossbeam 550L Focused Ion Beam – Scanning Electron Microscope operating with an acceleration voltage of 2 kV.

### 3.4. Results

The growth behavior of *C. minuta* was studied in different operating conditions ( $H_2$  removal,  $H_2$  supply, and without electrochemistry) under continuous cultivation. Switching between different operating conditions affected the  $H_2$  concentration in the BES and *C. minuta*'s production of acetate and *n*-butyrate (**Figure 16**).

#### 3.4.1. Establishment of the BES Setup

The BES was designed to fulfill two aims. The first aim was to provide a close interaction between the microbes and the electrode and grow the microbes to a maximum distance of 1 mm away from the electrode. The second aim was the sufficient removal or supply of H<sub>2</sub> from or to C. minuta by the BES. Therefore, together with Helmut Kammerlander from the MPI-IS Stuttgart, we designed and built a glass disk-like reactor system made out of borosilicate glass, where the stack of electrodes and Nafion-117 membrane perfectly fit inside. It needed five different versions of BESs to fulfill all requirements. The final version of the BES can be sterilized by autoclaving, is fully liquid- and gas-tight up to 1 bar overpressure, and prevents contamination from the outside environment. In addition, it keeps the electrodes separated, and its five connection ports can be used for sampling or to connect feed and effluent lines to the BES for continuous cultivation. For the efficient  $H_2$ removal in parallel to a sufficient biofilm formation, we provided a large electrode surface area of 122 cm<sup>2</sup>. Both glasses of the final BES version had two sets of o-ring sealings. The inner sealing ring kept the electrode and ion exchange membrane layers in place. In contrast, the outer sealing ring tightened the BES and prevented contamination with microbes from the outside. The sampling ports were designed not to create a dead volume next to the electrode to prevent the enrichment of microbes at a more considerable distance to the electrode. The feeding of the BES at the working electrode with media was performed through one sampling port at the bottom of the BES to ensure sufficient mixing and supply with nutrients. The port for the effluent sat on top of the BES. The design of the inlet and outlet ports supported a continuous flow of media and therefore homogeneous biofilm formation over the entire electrode area. The feeding and effluent port configuration was the same for both chambers. We needed to ensure that the volume in both chambers of the BES is constantly the same; otherwise, the Nafion membrane would bend due to more or less volume on one side. Therefore, the feeding rate (the flow of the medium) was always the same for both chambers to prevent influences on the cultivation volume and space for *C. minuta* at the working electrode.

#### 3.4.2. The H<sub>2</sub> Concentration Can Be Controlled by the BES (Proof-of-Concept)

The experiment was divided into two phases: the establishment phase (cultivation between 0 h and 1343 h) and the final phase (cultivation between 1343 h and 1704 h) (**Figure 14**). Within the establishment phase, we tested the performance of all BESs, R1, R2 and R3, for operating conditions of with H<sub>2</sub> removal or with H<sub>2</sub> supply. The concentrations of H<sub>2</sub> are lower under with H<sub>2</sub> removal than under with H<sub>2</sub> supply (**Figure 16A**). At 1008 h, we were not able to set the potential on R2 to the next operation condition. Therefore, we disconnected this reaction from the potentiostat and ran without electrochemistry until the end the experiment.

In the BES final phase, we detected a clear difference in the H<sub>2</sub> levels between the operation conditions of with H<sub>2</sub> removal in R1 and with H<sub>2</sub> supply in R3. The H<sub>2</sub> level during the operating condition of with H<sub>2</sub> removal in R1 was lower than during with H<sub>2</sub> supply in R3 and without electrochemistry in R2. The levels of H<sub>2</sub> detected under the operating conditions of with H<sub>2</sub> supply in R3 and without electrochemistry in R2 and without electrochemistry in R3 and without electrochemistry in R4 and the working electrode of the BES, which can be maintained under continuous operating conditions.



# Figure 16: H<sub>2</sub>, acetate, and *n*-butyrate concentrations of *C. minuta* from different operating conditions

(A)  $H_{2}$ , (B) acetate and (C) *n*-butyrate were measured in three BESs (R1-R3) throughout different operating conditions: without electrochemistry (w/o), with  $H_2$  removal. (- $H_2$ ), and with  $H_2$  supply (+ $H_2$ ). For R2: x indicates an error in potentiostatic control at t=1008 h. Therefore, R2 was disconnected from the potentiostat and ran without electrochemistry until 1704 h.

# 3.4.3. <u>SCC Production of *C. minuta* Was Affected by the H<sub>2</sub> Concentrations in the BES</u>

In the BES establishment phase, acetate and *n*-butyrate production depends on the H<sub>2</sub> concentration (**Figure 16**). In particular, during the with H<sub>2</sub> removal operating condition, less acetate and *n*-butyrate were produced compared to the with H<sub>2</sub> supply condition. (**Figure 16BC**). To prove our hypothesis that the availability of H<sub>2</sub> influences the production of *n*-butyrate, where *C. minuta* produces less *n*-butyrate under reduced H<sub>2</sub> concentrations, we applied multiple statistics on the data of the final BES phase. Therefore, we investigated *n*-butyrate-to-acetate ratios in detail (**Figure 17**). A low ratio of *n*-butyrate: acetate means

that more acetate and less *n*-butyrate was produced, whereas higher values represent a higher concentration of *n*-butyrate.





*C. minuta* produced acetate and *n*-butyrate in the BES (R1-R3) throughout different operating conditions: without electrochemistry (w/o), with H<sub>2</sub> removal. (-H<sub>2</sub>), and with H<sub>2</sub> supply (+H<sub>2</sub>). For R2: x indicates an error in potentiostatic control at t=1008 h. Therefore, R2 was disconnected from the potentiostat and ran without electrochemistry until 1704 h.

In the final phase, we compared the linear correlation of the *n*-butyrate: acetate ratios to H<sub>2</sub> concentrations between the three different operating conditions. We found that lower H<sub>2</sub> concentrations correlate negatively with *n*-butyrate: acetate ratios, resulting in a negative slope of the linear regression curve (**Figure 18A**). In the case of with H<sub>2</sub> supply in R3, higher H<sub>2</sub> concentrations and positive slope of *n*-butyrate: acetate ratio to the concentration of H<sub>2</sub> was found. Even though there was no statistical difference in the linear correlations of *n*-butyrate: acetate ratio and H<sub>2</sub> concentration between the three operating conditions of the final phase, tendencies were detected.

Higher concentrations of H<sub>2</sub> led to higher *n*-butyrate: acetate ratios, which were observed during the operating conditions without electrochemistry in R2 and with H<sub>2</sub> supply in R3 (Figure 18B). By applying an unpaired t-test of the means of *n*-butyrate: acetate (90% confidence interval), we detected significant differences between the *n*-butyrate: acetate ratios rations for with H<sub>2</sub> removal vs. with H<sub>2</sub> supply (P=0.0079), and for with H<sub>2</sub> removal vs. without electrochemistry (P=0.0013) (Figure 18A-B). No significant difference was found between the operating conditions with H<sub>2</sub> supply vs. without electrochemistry (P=0.2793), where higher H<sub>2</sub> concentrations were detected (Figure 18B-C). To investigate and prove further that the concentration of *n*-butyrate to acetate changed when the levels of H<sub>2</sub> changed, we performed a cluster analysis. The cluster analysis shows that low amounts of H<sub>2</sub> lead to a reduced *n*-butyrate: acetate ratio, whereas higher H<sub>2</sub> concentrations increase this ratio. The operating conditions with H<sub>2</sub> removal did not show a clustering pattern together with the operating conditions without electrochemistry and with  $H_2$  supply for which higher concentrations of  $H_2$  were present (Figure 18C). The concentrations of H<sub>2</sub> in R2 and R3 reached similar levels in the final phase, and therefore the values for *n*-butyrate: acetate cluster in the same area of the scatter plot (Figure 18C).




Different operation conditions were applied to each reactor in the final phase (between t=1343 h and t=1704 h). R1 was set to with H<sub>2</sub> removal (-H<sub>2</sub>), R2 to without electrochemistry (w/o), and R3 to with H<sub>2</sub> supply (+H<sub>2</sub>). Different statistical approaches investigated the *n*-butyrate: acetate ratio in relation to H<sub>2</sub> concentration in the BES. (A) Linear regression between *n*-butyrate: acetate ratio and H<sub>2</sub> concentrations. (B) Unpaired t-test of means from *n*-butyrate: acetate ratios from the final BES phase (C) Cluster analysis (2D Confidence ellipse with 95% confidence interval) of *n*-butyrate: acetate ratios in relation to H<sub>2</sub> concentrations. The statistical analysis was done by GraphPad Prism 9 (Version 9.5.1); n.s., P > 0.10; \*,  $P \le 0.05$ ; \*\*,  $P \le 0.01$ ; \*\*\*,  $P \le 0.001$ ,

### 3.4.4. <u>C. minuta Attaches to the Pt/C-doped Working Electrode</u>

After 1704 h cultivation of *C. minuta*,  $1 \times 1$  cm pieces of the working electrode were collected from R1, R2, and R3 at the end of the final phase to investigate the biofilm formation of *C. minuta* at the Pt/C-doped carbon cloth material. The working electrode sample was collected from the same electrode position from R1, R2, and R3. The SEM micrographs indicate that during the entire operation period, some Pt/C coatings detached from the carbon cloth, and thus some uncoated fibers of the carbon cloth were exposed (**Figure 19**). Nonetheless, the working electrode looked still fully coated with Pt/C to remove or supply H<sub>2</sub> from or to *C. minuta*. Several factors can contribute to the structural

variation of the Pt/C coating, ranging from different electrode potentials to the resulting different H<sub>2</sub> concentrations. The H<sub>2</sub> gas formation under the operating condition of with H<sub>2</sub> supply could explain the different shapes of the Pt/C coating. Furthermore, the cell length of *C. minuta* observed at the working electrode in R3 increased from 4 to 8  $\mu$ m compared to in R1. For R1, we found shorter cell lengths of *C. minuta* between 1 to 2  $\mu$ m. In R2, cell lengths of *C. minuta* were similar to those for R3. With SEM imaging, we showed that with H<sub>2</sub> removal or supply caused by different electrode potentials, affected the cell size of *C. minuta*, where greater cell sizes were detected for the operating conditions of with H<sub>2</sub> supply and without electrochemistry.



Figure 19: SEM micrographs of *C. minuta* growing at the Pt/C-doped working electrode of the final phase (t=1704 h)

During the final phase (between t=1343 h and t=1704 h). R1 was set to with H<sub>2</sub> removal (-H<sub>2</sub>), R2 to without electrochemistry (w/o), and R3 to with H<sub>2</sub> supply (+H<sub>2</sub>).1x1 cm<sup>2</sup> pieces of the working electrode were investigated for *C. minuta* growing at the electrode material at magnifications of 2.03KX, 6.08KX, and 18.23 KX.

# **3.5.** Discussion and Outlook

The first part of this experiment was to design a BES that provides optimal growth conditions for an anaerobic gut microbe, such as *C. minuta*, and can be operated as a continuous operating setup. We had to redesign the BES reactor five times until we solved the problems of sterility, leaking, durability, dead volumes in the sampling ports, and a close electrode-membrane setup. We established a BES in this experiment that can remove H<sub>2</sub> that was produced by *C. minuta* or it can be operated under with H<sub>2</sub> supply to *C. minuta* in continuous operating conditions. This BES also enabled a close interaction of the microbes with the working electrode and led to a biofilm formation of *C. minuta*. The maximum gap of 1 mm between the microbes and the electrode enabled sufficient H<sub>2</sub> removal within the entire volume. The biofilm formation enhanced these processes and

brought the microbes closer to the reaction site. Floc formation was observed in a coculture of *C. minuta* and *M. smithii*, which enhanced the syntrophic H<sub>2</sub> transfer between these two microbes [4]. Besides the syntrophic interaction that is related to adhesion *in-vitro*, the adhesion of beneficial bacteria on the intestinal mucosa enhances the intestinal barrier function and modulates the immune system *in-vivo* [139-141].

Furthermore, we were able to switch back and forth between three operating conditions: with H<sub>2</sub> removal, with H<sub>2</sub> supply, and without electrochemistry. The H<sub>2</sub> concentration in the BES influenced the SCC production of C. minuta, where less n-butyrate was produced under operating condition of with H<sub>2</sub> removal, where we kept the H<sub>2</sub> concentrations to a minimum. Higher *n*-butyrate concentrations were found when H<sub>2</sub> was not removed electrochemically under operating condition of without electrochemistry or under with  $H_2$ supply. n-Butyrate is produced from crontonyl-CoA, which is reduced to butyryl-CoA by the butyryl-CoA dehydrogenase electron-transferring flavoprotein complex. This complex couples the reduction of crotonyl-CoA to the endergonic reduction of ferredoxin (oxidized) and oxidation of NADH by electron bifurcation, making the reaction thermodynamically feasible [142, 143]. By reducing protons to H<sub>2</sub>, ferredoxin (reduced) is reoxidized by the ferredoxin hydrogenase [144, 145]. In the metabolism of microbes that produce *n*-butyrate in the human GI tract, n-butyrate production is favored over acetate at higher gut H<sub>2</sub> concentrations. Also, C. minuta produced more n-butyrate under high H<sub>2</sub> levels [4]. The limitation of this experiment in terms of  $H_2$  removal comes from the BES itself, where we could not completely remove all H<sub>2</sub> from C. minuta electrochemically. Due to the attachment of the microbes to the electrode surface, we cannot control the cell density. Thus, with increasing cell concentrations in continuous cultivation, more H<sub>2</sub> may be produced by C. minuta than the electrode's capacity can oxidize. Therefore, fluctuations in cell density can lead to fluctuations in the amount of H<sub>2</sub> that the BES can remove electrochemically and to changes in the acetate and *n*-butyrate production rate produced by C. minuta.

Further research is required to determine the maximum cell density in relation to the amount of H<sub>2</sub> produced by *C. minuta* that can be removed by the BES. This also included control over the cell density that forms a biofilm on and within the electrode surface. Surfaces, such as biomaterials, provide more excellent growth conditions for microbes than

suspension cultivation can provide. Microbial adhesion, which defines the adhesive junction between microbes and surfaces, is driven by physicochemical interactions, the target surface material, environmental factors, and microbes' characteristics. Microbes have a diverse repertoire of adhesins for different surfaces [7, 146]. In addition, the combination of Lifshitz-van der Waals interactions, acid-base bonds, and electrostatic double-layer interactions are present in the first phase of adhesion. In the second phase of adhesion, microbes create a connection to the surface *via* external appendages on the bacterial surface, such as flagella, pili, or fimbriae, and the production of extracellular polymeric substance [147-152]. In addition, surface properties such as wettability, stiffness, topography, surface charge and roughness can influence microbial adhesion and surface sensing, and it is important to note that these factors provide physical support for the microbes. [153]. Since we detected a massive colonization of *C. minuta* at the Pt/c-coated electrode, we can conclude that this setup of the BES mimics physiological growth conditions and provides an environment leading to biofilm formation with an evenly distributed microbial colonization on and within the electrode material.

We also detected that acetate and *n*-butyrate productions are less in the beginning of the operating phases with H<sub>2</sub> removal compared to with H<sub>2</sub> supply. The production always dropped by switching to the operating phases of with H<sub>2</sub> removal but recovered to almost the same level. Therefore, it would be helpful to compare the proteomes of electrode-attached cells and supernatant cells under different H<sub>2</sub> concentrations and investigate whether specific proteins from catabolic pathways are up- or down-regulated under high or low H<sub>2</sub> concentrations.

# Chapter 4 Can the H₂ by the BES compete with a Syntrophic H₂ Consumer?

# 4.1. Abstract

In Chapter 4, we wanted to study whether the H<sub>2</sub> removal by the BES can compete with a syntrophic partner of *C. minuta*, such as *M. smithii*. Therefore, we had planned to perform two bioelectrochemical experiments, where both microbes would be cultivated together at the cathode in the BES or separated into the anode and the cathode chamber of the BES. Here, we were only able to perform the first of two experiments. In the second experiment, which still needs to be performed, C. minuta would grow at the anode and M. smithii at the cathode so that both microbes would be technically separated but in a connected electrochemical fashion with electrons flowing from the anode to the cathode and ions crossing the proton-exchange membrane. The preliminary results of the first experiment showed that, when M. smithii is growing, the n-butyrate: acetate ratio changes and decreases throughout the operating period when *M. smithii* is present in co-culture with C. minuta. Unfortunately, in one BES, M. smithii was not growing in co-culture with *C. minuta* in the last operating period; therefore, only the results of two BESs were used. This experiment gave insight into the potential of the BES as a research tool and how it can be used to study the H<sub>2</sub> syntrophy of already isolated microbes. To get a more detailed understanding, this experiment needs to be repeated, and the second experiment needs to be performed to verify (or falsify) the hypothesis that separated syntrophic partners in a BES can outcompete the co-culture in a similar experimental conditions.

# 4.2. Introduction

Goodrich *et al.* (2014) reported that the abundances of many microbial taxa are shaped by host genetics, and that especially the *Christensenellaceae* family co-occurred in humans with methanogenic archaea and other heritable bacteria in humans with a low body mass index. The positive association of *Christensenellaceae* and lean BMI was studied in mice,

where an obese-associated microbiome from a human donor was supplemented with *C. minuta*, which is a cultured member of *Christensenellaceae*, and transplanted to germfree mice. Here, adding *C. minuta* before transplantation reduced the level of adiposity in the test group compared to the mice in the control group that had not received *C. minuta* [154].

*Methanobacteriaceae* are often reported as part of the *Christensenellaceae* co-occurrence consortium, whereas *M. smithii* is the most abundant methanogen in the human gut microbiome [155-158]. In addition, both families correlate *via* physical and metabolic interactions. Ruaud and Esquivel-Elizondo *et al.* (2020) studied specific interactions of two abundant species of each family. They showed that the H<sub>2</sub> production of *Christensenella* spp. have supported the growth of *M. smithii*. This effect is coupled with the immediate consumption of H<sub>2</sub> by the methanogen (which uses it to make methane) and shifts the metabolic activity of *Christensenella spp* towards acetate rather than *n*-butyrate production. In addition, *C. minuta* and *M. smithii* were found to co-localize in dense flocs throughout the operating period, whereas *M. smithii* has better access to H<sub>2</sub> produced by *C. minuta* [4].



Figure 20: Metabolic activity of *C. minuta*, *C. timonensis*, *C. massiliensis*, *B. thetaiotaomicron*, and *M. smithii* after six days of growth (gas and SCCs production) from Ruaud and Esquivel-Elizondo *et al.* (2020)

Blue border: *C. minuta* (C); green border: *M. smithii* (M); yellow border: *M. smithii* and *C. minuta* at 2 bar (MC); red border: *M. smithii* and *C. minuta* (MC) at atmospheric pressure (atm)

Furthermore,  $H_2$ :CO<sub>2</sub> was provided in excess to the co-culture of *C. minuta* and *M. smithii* at different pressure conditions to prove that the close contact between *M. smithii* and *C. minuta* gave a growth advantage to the methanogen (**Figure** 20). Here, the CH<sub>4</sub> production was supported by *C. minuta* to similar extents independent of the pressure of additional  $H_2$ :CO<sub>2</sub>, which was either atmospheric or 2 bars overpressure. In all cases for the



co-culture, with and without additional H<sub>2</sub>:CO<sub>2</sub>, *M. smithii* aggregated with *C. minuta* (Figure 21).

Figure 21: Confocal images of *C. minuta, M. smithii*, and *B. thetaiotaomicron* (after 3 days of growth in pure and co-culture) from Ruaud and Esquivel-Elizondo *et al.* (2020) (a) and (f) *C. minuta* in pure culture, (b) and (g) *M. smithii* in pure culture, (c) *B. thetaiotaomicron* in pure culture, (d) and (h) *M. smithii* / *C. minuta* co-culture, (e) and (i) *M. smithii* / *B. thetaiotaomicron* in co-culture and. For confocal imaging, microbes were visualized by staining with SYBR green I fluorescence (DNA staining, red), and *M. smithii*'s was visualized by its autofluorescence coenzyme  $F_{420}$  (blue). Scale bares represent 10 µm. All images were taken from Ruaud and Esquivel-Elizondo *et al.* (2020) publication and were configured by Biorender.com

Fick's law of diffusion can describe the flux of metabolites between microbes, which is directly proportional to the concentration gradient and inversely proportional to the distance between producer and consumer. In other words, the closer the microbes aggregate, the better the H<sub>2</sub> transfer. In all scenarios (with and without additional H<sub>2</sub>:CO<sub>2</sub>) for *C. minuta* in co-culture, the *n*-butyrate production was inhibited, and the carbon metabolism was shifted to acetate production [4]. It has been suggested that the consumption of H<sub>2</sub> by the methanogen decreased the H<sub>2</sub> partial pressure within the aggregation in close proximity to *C. minuta*. This favoured more oxidised fermentation products, such as acetate, resulting in increased CH<sub>4</sub> production. [66, 70, 144, 159, 160].

After the development of the BES and the proof of concept with *C. minuta*, we wanted to test the ability of the BES (removing H<sub>2</sub> at the anode) to compete with a syntrophic partner. Therefore, we planned to split this study into two experiments where C *minuta* and *M. smithii* are physically or not physically separated in the same environment (**Figure 22**). For the first experiment (**Figure 22A**), we planned to culture both *C. minuta* and M *smithii* in one of the chambers of the BES without current flow, where the H<sub>2</sub> was only removed by *M. smithii*. For the second experiment (**Figure 22B**), *C. minuta* would grow at the anode, where H<sub>2</sub> is removed by oxidation. The resulting protons cross the Nafion membrane and move to the cathode, where they are reduced back to H<sub>2</sub>. *M. smithii* would grow at the cathode where H<sub>2</sub> is generated. In the Ph.D. dissertation, I will only focus on the first of the two experiments.



# Figure 22: Setup of the BES to test whether the $H_2$ removal at the anode can compete with the $H_2$ removal by *M smithii*

(A) Co-culture of *C. minuta* and *M. smithii* together in one of the chambers of the BES. (B) Cultivation of *C. minuta* at the anode and *M. smithii* at the cathode in the same BES but then work with potentiostatic control.

In the first experiment, we want to investigate the  $H_2$  removal by the methanogen. Therefore, we grew *C. minuta* under different operating conditions: i) without electrochemistry; ii) with  $H_2$  supply for *C. minuta*; and iii) with  $H_2$  supply for *C. minuta* plus *M. smithii*, where the  $H_2$  is removed only by the methanogen.

# 4.3. Material and Methods

#### 4.3.1. Setup and Operation of the BES

For the first experiment, where *C. minuta* and M *smithii* were co-cultured together at the cathode (**Figure 22A**), the BES was set up in a three-electrode configuration, as explained in section 3.3, Material and Methods. The two chambers of the BES were separated by a Nafion 117 ion exchange membrane (Sigma) to separate the working and counter electrodes and keep *C. minuta* and *M. smithii* only in contact with the working electrode. Both electrodes, the working electrode and counter electrode, were made of carbon cloth and had a size of 122 cm<sup>2</sup>. The working electrode, reference electrode, and Nafion 117 membrane were prepared as described in section 3.3, Material and Methods.

Three BESs (R1-R3) were assembled in their sandwich configuration and sterilized at 121°C for 20 min under aerobe conditions. For the first experiment, we set up three BESs. The pH was monitored using an autoclavable, optival pH sensor spots SP-HP5v3-D10-US-SA (PreSens Precision sensing) attached to the middle of the inner glass side of the BES. O<sub>2</sub> concentrations were detected using an autoclavable, optical O<sub>2</sub> sensors SP-PSt3-YAU-D10-YOP (0-100% O<sub>2</sub>, PreSens Precision sensing) to ensure anaerobic operating conditions.

We started this experiment by growing *C. minuta* in monoculture (between 0 h and 240 h) and later in co-culture with *M. smithii* (between 240 h and 432 h). The BES with *C. minuta* monoculture was operated first in batch cultivation without electrochemistry for an operating period of 72 h and later in continuous cultivation for 360 h (**Figure 23**). The continuous cultivation was split into two operating conditions: i) with H<sub>2</sub> supply for *C. minuta* (E<sub>i</sub> = -650 mV vs. Ag/AgCl) for a period of 168 h; and ii) H<sub>2</sub> supply for *C. minuta* plus *M. smithii* (E<sub>i</sub> = -650 mV vs. Ag/AgCl) for a duration of 192 h.



# Figure 23: Operating periods and conditions for the co-cultivation of *C. minuta* and *M. smithii* in the BES

Operating conditions: without electrochemistry (w/o), with H<sub>2</sub> supply (+H<sub>2</sub>) for *C. minuta*, with H<sub>2</sub> supply (+H<sub>2</sub>) for *C. minuta* plus *M. smithii* 

### 4.3.2. Media Preparation and Cultivation

The assembled BES was not completely tightened during autoclaving and under oxic conditions to prevent breaking the glass parts of the BES. After autoclaving, we carefully tightened all screws of the BES in the sterile bench and made sure that the sandwich configuration, consisting of electrodes and Nafion ion exchange membrane, stayed in place. Anoxic operating conditions of the BES were provided after autoclaving by adding a sterile BHI medium to both sites of the BES and by sparing with N<sub>2</sub>:CO<sub>2</sub>. Therefore, two bottles with each 200 mL medium were prepared for each of the three BESs.

For the cultivation and for filling of the BES, we used modified BHI (37g/L) that was supplemented with yeast extract (5 g/L), L-Cystein-HCL (5 mM, pH 7, adjusted with NaOH), and sodium bicarbonate (42mM, pH 7, adjusted with HCl). For filling the BES with modified BHI medium, after autoclaving, the medium bottles were connected to the BES and sparged with N<sub>2</sub>:CO<sub>2</sub> for 1 h while the medium circulated between the medium bottle and the BES. Afterward, after sparging for 1 h, L-Cystein-HCl and sodium bicarbonate were added to the bottle to fill the BES while the medium circulation kept running for another hour. For the continuous cultivation, feed bottles were connected to both sites of the BES to prevent the accumulation of products on only one side of the BES and to avoid an imbalance in the BES volume, which might change the distance from the inner rector glass to the working electrode. The feed rate of the modified BHI medium was set to 2 mL/h.

#### 4.3.3. Inoculation and Cultivation Times

*C. minuta* and *M. smithii* were precultured from cryostock in serum bottles using the same cultivation media. Both microbes were inoculated at a theoretical OD of 0.05 from an exponentially grown preculture. The actual OD in the medium of the BES was not determined after injection due to impurities of particles from the Pt/C-doped working electrode, which came off and would lead to an artificially elevated OD measurement. *C. minuta* was inoculated to the working electrode at t=0 h and was cultivated for 72 h in batch cultivation and for another 168 h in continuous cultivation. After an operating period of 240 h, M *smithii* was inoculated to the working (**Figure 22A**). Both microbes were co-cultured for 192 h.**Analytic of SCCs and Gasses** 

The production of SCCs and the presence of  $H_2$  and  $CH_4$  were monitored once *per* day throughout the entire operating period of 430 h. 200 µL of gas taken from the BES were analyzed for the  $H_2$  and  $CH_4$  content by a gas chromatograph with a HayeSep D column (length 3 m, outer diameter 1/8", SRI Instruments). The column temperature and pressure were set to 70°C and 20 psi. A thermal coupled detector (TCD) was used to measure  $H_2$  and  $CH_4$ .

1 mL was sampled from the cultivation broth and centrifuged at 12000 rpm to separate biomass from supernatant containing SCCs. The supernatant was filtered through a 0.22-µm syringe filter and was stored at -20°C for later analysis of SCCs. SCCs were measured by gas chromatography (DB-FATWAX UI column, Agilent Technologies), using a six-level standard calibration curve where each standard contained 25 µL 30 mM ethyllactate as an internal standard and 475 µL of a mixture of SCCs as external standards ranging from 0.475 - 9.5 mM for each SCC standard mixture. The SCC standard mixture contained acetate, propionate, iso-butyrate, *n*-butyrate, iso-valerate, *n*-valerate, isocaproate, *n*-caproate, *n*-heptanoate, and *n*-caprylate. *Prior* analysis, 50 µL samples were mixed with 425 µL 2% formic acid and 25 µL internal standard.

### 4.3.5. Statistical Analysis

To test whether the production of *n*-butyrate and acetate by *C. minuta* was affected by the  $H_2$  consumption of *M. smithii*, the *n*-butyrate: acetate ratios were calculated for the operating conditions: i) with  $H_2$  supply for *C. minuta* and ii) with  $H_2$  supply for *C. minuta* 

plus *M. smithii*. We tested whether the slopes of *n*-butyrate: acetate ratios produced by *C. minuta* differ in the last two operating conditions. We performed the statistical analysis with a simple linear regression analysis using Prism GraphPad (Version 9). Simple linear regression analysis fits a straight line through the data to find the best-fit value of the slope (slope =  $\Delta X/\Delta Y$ ) and intercept. The p-values were calculated from an F test, and a 95% confidence band surrounding the best-fit line defines the confidence interval of the best-fit line.

### 4.3.6. SEM Imaging

We investigated the biofilm formation of the co-culture of *C. minuta* and M *smithii* at the working electrode from all three BESs (R1-R3) by SEM. Electrode pieces of 1x1 cm were placed into separate wells of a 6-well plate, each containing 2 mL of PBS. 25% electron microscopy-grade glutaraldehyde was added to each well for a final 2.5% concentration. The well-plate was covered with a lid secured with parafilm to avoid contamination or spillage. The sample preparation and imaging procedure is described in Chapter 3.3.5, Scanning Electron Microscopy (SEM) Imaging.

# 4.4. Results

The experimental setup included the replicate BESs, R1, R2 and R3. Since we did not observe any growth of *M. smithii* after its inoculation to R3, we decided to discuss only the results of R1 and R2. Lower SCC production was detected in R1 during in the first two operating conditions, *C. minuta* without electrochemistry and with H<sub>2</sub> supply for *C. minuta*, in comparison to R2 (**Figure 24A**). We concluded that *C. minuta* grew less in R1 than in R2.



# Figure 24: Production of acetate and *n*-butyrate by *C. minuta* in pure and co-culture with *M. smithii*

(A) Acetate (violet) and *n*-butyrate (orange) produced by *C. minuta* in R1-R2 throughout different operating conditions: *C. minuta* without electrochemistry (w/o), with H<sub>2</sub> supply (+H<sub>2</sub>) for *C. minuta*, with H<sub>2</sub> supply (+H<sub>2</sub>) for *C. minuta* plus *M. smithii*. (B) Operating periods of the experiment

Therefore, we decided to investigate the *n*-butyrate: acetate rations (**Figure 25C**). This ratio increased in the second operating condition, with  $H_2$  supply for *C. minuta*, indicating that *C. minuta* produced more *n*-butyrate in the R1 and R2. After the inoculation of *M. smithii* at 240 h, the *n*-butyrate: acetate ratio dropped almost to the ratio in the BES phase *C. minuta* without electrochemistry in R1 and even more for R2. Therefore, less *n*-butyrate and more acetate was produced in the presences of *M. smithii*. In addition, the  $H_2$  concentration in R1 and R2 decreased after inoculation with *M. smithii* and was almost completely consumed after 300 h (**Figure 25A**). After the inoculation of *M. smithii* to study the co-culture activity together with *C. minuta* in the BES, CH<sub>4</sub> was only detected in R1 and R2 (but not in R3) (**Figure 25B**).



## Figure 25: Production of H<sub>2</sub>, CH<sub>4</sub>, and *n*-butyrate: acetate ratios

(A)  $H_2$ , (B)  $CH_4$  and (C) *n*-butyrate: acetate ratios of R1-R3 throughout different operating conditions: *C. minuta* without electrochemistry (w/o), with  $H_2$  supply (+ $H_2$ ) for *C. minuta*, with  $H_2$  supply (+ $H_2$ ) for *C. minuta* plus *M. smithii*. (D) Operation periods of the experiment. The plotting and curve fitting by polynomial interpolation (95% confidence band) were done with the software Origin (version 2023). The graphs were arranged using BioRender.com.





Linear regression test of *n*-butyrate: acetate ratios between the operating conditions with  $H_2$  supply (+ $H_2$ ) for *C. minuta*, with  $H_2$  supply (+ $H_2$ ) for *C. minuta* plus *M. smithii*. In R1 and R2, best-fit slopes in the phase with  $H_2$  supply (+ $H_2$ ) for *C. minuta* is significantly different from with  $H_2$  supply (+ $H_2$ ) for *C. minuta* plus *M. smithii*, R1: P<0.0001, R2: P=0.0070). R3's best-fit slopes are not significantly different without and with *M. smithii*. C. m., *C. minuta*, M. s., *M. smithii*, 95% confidence band. The statistical analysis was done by GraphPad Prism 9 (Version 9.5.1). The graphs were arranged using BioRender.com.

*M. smithii* completely consumed H<sub>2</sub> during the last operating condition (with H<sub>2</sub> supply for *C. minuta* plus *M. smithii*), resulting in the production of CH<sub>4</sub> (**Figure 25**). With linear regression, we tested *n*-butyrate: acetate ratios in R1 and R2 and compared the operating conditions with H<sub>2</sub> supply for *C. minuta* and with H<sub>2</sub> supply for *C. minuta* plus *M. smithii* (**Figure 26**). We found that the best-fit slopes are significantly different between these two operating conditions in R1 (P<0.0001) and R2 (P=0.0070) (**Figure 26**).



### Figure 27: O<sub>2</sub> and pH from R1-R3

(A)  $O_2$  and (B) pH were measured in R1-R3 throughout different operating conditions: *C. minuta* without electrochemistry (w/o), with H<sub>2</sub> supply (+H<sub>2</sub>) for *C. minuta*, with H<sub>2</sub> supply (+H<sub>2</sub>) for *C. minuta* plus *M. smithii*. (C) Operating periods of the experiment. The plotting and curve fitting by polynomial interpolation (95% confidence band) were done with the software Origin (version 2023). The graphs were arranged using BioRender.com.

Furthermore, we investigated the O<sub>2</sub> concentration and pH throughout all operating periods (**Figure 27**). O<sub>2</sub> concentration increased two times in the first two operating conditions above 1% in R1 and R2 (**Figure 27A**). We did not detect an effect on the production of acetate and *n*-butyrate and on the H<sub>2</sub> supply by the BES. The pH stayed for R1 and R2 in the physiological cultivation range of *C. minuta* and *M. smithii*, which is pH 6.0-9.0 for *C. minuta* and pH 6.5 to 8.0 for *M. smithii* [161, 162] (**Figure 27B**).

At the end of the operating condition with  $H_2$  supply for *C. minuta* plus *M. smithii*, all BESs were disassembled, and  $1 \times 1$  cm pieces from the working electrode were taken for investigation of the electrode-microbe interaction by SEM. For R1 and R2, a biofilm of *C. minuta* and *M. smithii* embedded in the Pt/C-coating was detected (**Figure 28**).

Furthermore, for both R1 and R2, we found that *C. minuta* was growing at a higher density than *M. smithii*.



**Figure 28: SEM from working electrode of R1 and R2 at t= 432 h** Biofilm formation of *C. minuta* and *M. smithii* from the end of the operating period with H<sub>2</sub> supply for *C. minuta* plus *M. smithii*. Magnification = 18.23 KX

# 4.5. Discussion and Outlook

In the experiment performed in Chapter 3, we showed that *C. minuta* also grows and forms a biofilm when H<sub>2</sub> is supplied by the BES (Figure 19). In this experiment, in which we cocultured C. minuta and M. smithii, the two microbes grew as biofilm at the working electrode in the BES. Furthermore, we detected a drop in the *n*-butyrate: acetate ratios after the inoculation of *M. smithii*, where less butyrate was produced than in the operating period with  $H_2$  supply for *C. minuta*. The change in the *n*-butyrate: acetate ratio and the close proximity of the microbes in the biofilm at the working electrode indicate that the BES is a suitable tool to study H<sub>2</sub> syntrophy between *C. minuta* and *M. smithii* and other microbial synthrophes, which are based on H<sub>2</sub> availability. Due to contamination observed in R3, the results of this BES are misleading, and the reduced production of acetate and *n*-butyrate throughout the entire operating period of R1 (in comparison to R2) led to the conclusion that the experiment with three BESs needs to be repeated to get reliable and reproducible results. We did not further investigate other metabolic products from R3, so we cannot conclude which type of contamination it could be. Furthermore, the pH slightly changed after *M. smithii* was inoculated in R1 and R2, ranging between pH 6.8 and 7.3. Therefore, a different buffer compound with a higher buffer capacity might be suitable to minimize changes in the pH. Another technical approach could be adding more pH sensor spots across the chamber of the BES because we only used one spot *per* BES in the middle of each chamber. It was impossible to set up an automatic control until we experienced, that the pH slightly changed. There, we had only one pH meter for optical pH measurement for three BESs, and there was no controller set up available for continuous pH measurements and the automatic pH adjustment by adding acid or base. By adding additional ports to the BES and stacking up the technical equipment, the pH can be controlled more precisely, and its influence on the production of acetate and *n*-butyrate can be neglected. Besides the pH, the biofilm formation at the electrode might play a role and can influence the H<sub>2</sub> supply reaction.

The second part of the experiment needs to be performed to answer the question whether the H<sub>2</sub> supplied by the BES can compete with a syntrophic H<sub>2</sub> consumer. There, *C. minuta* would grow at the anode, where H<sub>2</sub> is removed by oxidation, and *M. smithii* will be cultivated at the cathode, where H<sub>2</sub> from *C. minuta* is reduced again to H<sub>2</sub>. With these results, we will be able to answer whether the BES can compete with a methanogen in terms of syntrophic H<sub>2</sub> uptake and if the BES can be used to study the H<sub>2</sub> syntrophy of other microbes from the human gut or other environments. In addition to the second part of this investigation, we need to evaluate whether *M. smithii* can grow on the amount of H<sub>2</sub> produced by *C. minuta* in the BES or if an additional supply of H<sub>2</sub> is required to achieve suitable cell densities.

In addition, the SEM micrograph and the first preliminary data have already given us great insights into the biofilm formation at the electrode surface. The ability of biofilm formation *in-vitro* and its investigation can give us a better understanding of the action of syntrophic communities from the human gut, such as *C. minuta* and *M. smithii*, and might help to understand better the role of biofilms in the human intestinal tract. Biofilm formations in the human gut are found in the luminal and mucosal locations and may be a mechanism for bacterial retention in the gut [163]. In addition, they are organized in complex microbial communities and greatly impact the function of the intestinal microbiome, and therefore human health and disease [164]. Several studies showed that the microbial composition associated with particles/food residues in stool differs from the community extracted from the liquid phase [165]. Furthermore, in fermentation experiments, the biofilm population

was more efficient in digesting polysaccharides than non-adhering communities and produced mainly acetate. Higher amounts of *n*-butyrate were found for nonadhering microbial communities, and the biofilm population is metabolically distinct from a nonadherent population [166].

# Chapter 5 A BES as a Tool for the Enrichment of Syntrophic H<sub>2</sub> Producers from the Human GI Tract

# 5.1. Abstract

In Chapter 3, we designed and operated a BES capable of mimicking the H<sub>2</sub> consumption of a methanogen as found in microbial H<sub>2</sub> syntrophy. Furthermore, in Chapter 4 we showed that the BES is a suitable tool to study the H<sub>2</sub> syntrophy of the co-culture of *C. minuta* and *M. smithii* as an example. Both microbes were grown together as a biofilm at the same electrode. By combining the outcomes from these two experiments, we wanted to test whether this BES can be used as a cultivation approach to enrich and isolate syntrophic H<sub>2</sub> producers from the human gut. Therefore, we add a bioinformatics pipeline to this experiment to continuously track the development of the microbial community based on full-length 16S rRNA gene sequencing. With this real-time monitoring approach, we could better define time points for microbial isolation in future experiments and understand interspecies H<sub>2</sub> transfer and microbial syntrophy.

Chapter 5 focuses on applying this BES setup to enrich microbial H<sub>2</sub> producers from a human feces sample and monitor microbial dynamics on the species level. These dynamic variations will be observed in the BES by next-generation sequencing of the 16S rRNA gene using the Oxford Nanopore sequencing platform. Nanopore sequencing is known to study complex microbial samples by sequencing long reads in real time using inexpensive and portable technologies. Therefore, a human fecal sample from the lab of Ruth Ley<sup>3</sup> was cultured in the BES with H<sub>2</sub> removal by oxidation at the working electrode. The dynamics of the community will be investigated throughout the entire operating period using

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continuously fed BESs and the MMonitor software developed by Timo Lucas<sup>4</sup> and the group of Prof. Daniel Huson<sup>4</sup>.

Microbial fermentation products, such as SCCs and gasses, were monitored throughout the complete operating period. Further, we wanted to track the diversity of the microbial community by full-length 16S rRNA gene sequencing using the Nanopore Minlon sequencing platform. This combined approach using genomic information that was paired with the produced metabolites allowed us to have a fast answer about the relative abundance of specific microbes and their metabolic activity. In this study, we cultivated microbes from human feces in a BES and grew them as a biofilm. H<sub>2</sub> from microbial fermentation was removed at the working electrode, and only micro-molar concentrations were detected in the BES. Furthermore, we detected typical concentrations for SCCs and other organic acids, CO<sub>2</sub>, and ethanol. No CH<sub>4</sub> was detected during the BES cultivation. The microbial community changed dynamically during the cultivation, but no uncultured H<sub>2</sub>-producing microbes were detected by MMonitor using 16S rRNA gene sequencing and a 0.1% relative abundance threshold.

# 5.2. Introduction

# 5.2.1. Isolation Strategies for new Microbial Species from the human GI Tract

As understanding the human microbiome has become a popular topic in the scientific community and its role in health and disease has become critical, the potential for developing new therapeutic approaches is enormous. Sequencing approaches made considerable efforts to decipher and profile the composition of the human microbiota at different sites of the body. In addition, metagenomics have revealed the microbial diversity in the human gut and showed that only a few species can be cultivated in the lab. Until 2012, it was generally accepted that 80% of all classified bacteria were not cultivable due to the limitations of cultivation approaches. In order to find the best methods and appropriate tools for the cultivation and identification of unknown bacteria and to overcome the limited detection of minor microbial populations, a new cultivation approach was introduced by Lagier *et al.* (2015) [167-170]. This cultivation approach, which uses

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multiple culture conditions in combination with matrix-assisted laser desorption/ionization-time of flight and 16S rRNA gene sequencing for identification. It has led to a tremendous increase in new microbial isolates from the human gut, expanding our understanding of bacterial diversity and broadening the scope of human microbiota studies and potential implications for human health [171].

#### 5.2.2. Bioreactor Systems to Study Human Gut Microbiota in-vitro

Besides developing new isolation approaches, exciting new perspectives came up by studying the entire microbial community and its interaction with the host. Therefore, in-vitro fermentation systems were developed that allow precise control over many physiological parameters and exclude confounding factors from the human host. Different reactor models are available to study microbial community ecology and function. The Mini Colon Model is a low-cost, benchtop multi-bioreactor system that simulates the physiological relevant condition of the human colon environment where pH, temperature, and fermentation fluidics can be controlled automatically and runs independently of an anaerobic chamber [172]. Other reactor systems, such as Robogut, which is a single-stage bioreactor system that mimics the conditions of the distal human colon, but have the disadvantage of being litre-sized bioreactors. [173]. The most well-known bioreactor type is the Simulator of Human Intestinal Microbial Ecosystem (SHIME). This bioreactor consists of a 5-stage chemostat reactor replicating different human GI tract sections [174]. The disadvantages of this bioreactor are the lack of multiplexing, low experimental throughput, large footprint, and stabilization of the microbiota, which can take up to a few weeks. Besides the available bioreactor systems to study the microbiota of the human GI tract, there is no setup available that is able to mimic syntrophic interactions. Since the beginning of the great debate about the importance of direct electron transfer, our bioelectrochemistry research group has been developing different BESs for the intensive study of electrically connected microbial communities and the direct exchange of electrons with an electrode. Based on these bioelectrochemical technologies and the BES setup of Guzman et al. (2019), we developed BESs to study the H<sub>2</sub> syntrophy of microbes from the human GI tract to enrich and later isolate a syntrophic H<sub>2</sub> producer without its syntrophic H<sub>2</sub>-consuming partner.

#### 5.2.3. Bioinformatic Tools to Track Microbial Taxonomy

The complexity of bacterial communities can be characterized on the species level by 16S rRNA gene sequencing, which is a reliable way to characterize microbial diversity and is important in clinical applications such as diagnosis and treatment [175]. High-throughput sequencing is now mostly performed by Illumina sequencing, but the sequences are limited to approximately 500 nucleotides per joined paired-end read. Thus, Illumina sequencing is limited to only a portion of the 16S rRNA gene, which consists of nine hypervariable regions and targets only a selected subset of the 16S rRNA gene. Distinguishing between highly similar species and making reliable taxonomic classifications based on short-read data is a major limitation of Illumina sequencing. Furthermore, in most cases, taxonomic profiles are only classified to genus level [176]. To overcome this limitation, the assembly of short reads by the synthetic long read method and sample-specific barcoding are two approaches to increase accuracy - but also increase sample preparation time and sequencing costs. With long-read sequencing of the entire 16S rRNA gene, we can overcome this limitation and gain a higher resolution for species-level identification. In the past, long reads came with one notable drawback: high sequencing error rates [177, 178]. With the ongoing improvement in Oxford Nanopore Technologies kit chemistry and the reduction of error rates, the sequencing reads become less noisy, have better accuracy, and have a higher species classification. Comparing the Nanopore sequencing platform and Illumina for 16S rRNA gene sequencing, Nanopore shows a better species-level taxonomic resolution, enables the investigation of rare taxa, and gives a more accurate estimation of microbial richness [179].

Besides continuously monitoring the metabolic fermentation products from the microbiota in the BES, we will analyze the dynamics of the microbial community and how stable or fluctuating the community is with MMonitor developed by Timo Lucas<sup>4</sup> and the group of Prof. Daniel Huson<sup>4</sup> (**Figure 29**). MMonitor is a tool for metagenomic monitoring, taxonomic and functional insights, species-level microbiota monitoring and quality control using nanopore sequencing data. The software consists of a desktop application for data analysis and an accompanying webserver dashboard for result visualization. MMonitor provides real-time data analysis with immediate sample overviews and was developed in collaboration with the Environmental Biotechnology Lab of Lars Angenent<sup>5</sup>. It can run on personal or lab computers or external servers to enhance processing capabilities. Furthermore, the software can assemble genomes from pure microbial cultures. Depending on the user, MMonitor can be operated through a user-friendly graphical interphase or the command tool on a remote server.



# **Figure 29: Graphical user interfaces of MMonitor using Nanopore sequencing data** (A) MMonitor consists of a desktop application for data analysis and (B) a web server dashboard for result visualization and quality control of the sequencing reads. MMonitor was developed by Timo Lucas<sup>4</sup> from the research group of Prof. Daniel Huson<sup>4</sup>.

For the experimental part of this study, which included an enrichment study, we grew a human fecal sample in the BES with H<sub>2</sub> removal to enrich for microbial, syntrophic H<sub>2</sub> producers (**Figure 30**). We monitored the microbial community on an almost daily basis throughout the complete operating period. As a first step, we wanted to define sampling times to sample for H<sub>2</sub>-producing microbes, which we wanted to gradually bring into pure culture in a follow-up experiment. Here, only the results on the enrichment part of Objective 3 are shown, and possible isolation strategies are discussed in the outlook part of Chapter 5.

<sup>&</sup>lt;sup>5</sup> Research group Environmental Biotechnology, University Tübingen



**Figure 30: Schematic illustration of the experimental setup for Objective 3** Enrichment and isolation of syntrophic H<sub>2</sub>-producing microbes from human feces in the BES

# 5.3. Material and Methods

We monitored the microbial community and its dynamics based on 16S rRNA gene sequencing during the enrichment of a human fecal sample in a BES with H<sub>2</sub> removal. The 16S Barcoding Kit will amplify the target gene with PCR using specific, universal bacterial 16S rRNA gene primers (27F and 1492R). There, universal primers are designed based on conserved regions (with slow evolution rates) of the 16S rRNA gene, which can amplify 16S rRNA genes across different taxa.

### 5.3.1. <u>BES Setup</u>

We used the same BES setup as described in section 3.3, Material and Methods. Three replicate BESs (R1= BES 1, R2= BES 2, and R3= BES 3) were set up for this experiment. The human fecal sample was consciously enriched under H<sub>2</sub> removal by oxidation ( $E_i$ = 350 mV *vs*. Ag/AgCl) at the working electrode for 559 h. After 24 h of batch cultivation period, the BESs were continuously operated with a 1 mL/min media feed rate.

#### 5.3.2. <u>Inoculum</u>

We used a fresh human fecal sample for the experiment. After the fresh fecal sample was collected, it was placed directly in an anaerobic chamber because most microbial species are anaerobes and microaerophiles and are sensitive to  $O_2$  exposure. We suspended the sample in PBS (32% w/v) and homogenized it by vortexing for 5 min. By centrifugation (550 × *g* for 5 min at room temperature), we separate all solid residuals (undigested food and fiber, bile, and bilirubin) and large cellular debris from the microbes in the supernatant. We then collected the supernatant containing the microbes. The BESs were inoculated at an initial OD of 0.01. Therefore, we calculated the volume from the supernatant needed to reach an OD of 0.01 in each BES. The appropriate volume + 25% of the microbe-PBS suspension was taken, and the microbes were pelleted by centrifugation. The pellet was resolubilised in the 800 µL media, and 200 µL was used as inoculum for each BES. The leftovers of the microbes from the fecal sample were stored in 25% glycerol stocks at -80°C.

#### 5.3.3. Media and Cultivation Conditions

The BES media contained 28.4 g/L Schaedlers broth (Carl Roth, #5772.1), which was supplemented with 5% defibrinated sheep blood (Analytics shop, #OXSR0051E), 0.1 g/L Menadione sodium bisulfite (vitamin K3) from 1 M anoxic stock solution (Sigma-Aldrich, #M5750-25G), 0.3 g/L Polyanetholesulfonic acid sodium salt (PSS, Sigma-Aldrich, #444464-25G), 1 g/L  $\alpha$ -lactose-monohydrate (Carl Roth, #8921.1), 5 g/L mucin from porcine stomach (Sigma-Aldrich, #M2378-100G), 2 mg/L  $\beta$ -Nicotinamideadenine-dinucleotide hydrate ( $\beta$ –NAD, Sigma-Aldrich, #N1511-250MG), 3.53 g/L sodium bicarbonate (from 1.13 M stock solution, Carl Roth, # 0965.2), and 0.5 g/L L-cystein-HCL (from 1 M L-cystein-HCl/NaOH anoxic stock solution, Carl Roth, # 3468.3. During the first step of the medium preparation, Schaedler's broth, PSS, mucin,  $\beta$ –NAD, and lactose were dissolved in MiliQ water and autoclaved. Defibrinated sheep blood was added under sterile conditions after autoclaving. The medium was sparged with N<sub>2</sub>:CO<sub>2</sub> for 1 h. After sparging, vitamin K3, L-cysteine-HCl, and sodium bicarbonate were added from anoxic, sterile stock solutions. We set the pH to 7.5.

#### 5.3.4. DNA Extraction

For DNA extraction, 500 µL were taken from the BES and centrifuged (19000 × *g*, 5 min at 4°C) to separate the microbes from the supernatant. The pellet containing the microbes was kept at 4°C for immediate DNA extraction or stored at -20°C for later use. For the DNA extraction, we used the AllPrep<sup>®</sup> PowerFecal Pro DNA/RNA kit (QUIAGEN). We used the FastPrep-24<sup>TM</sup> 5G bead beating grinder (MP Biomedicals) with 2 cycles of 6.0 m/s for 40 sec with break of 30 s (feces program) for the mechanical cell wall disruption. We followed the manufacturer's instructions with some exceptions: <450 µL instead of 300 µL of supernatant were taken in step 6 of the sample pretreatment where CD2 is added to the supernatant from cell disintegration. When taking a larger volume in this step, we followed the additional instructions for using higher supernatant volumes. After the DNA extraction, the DNA concentration was measured with a Qubit<sup>TM</sup> Flex Fluorometer (Invitrogen<sup>TM</sup>), and the DNA quality was determined by the NanoPhotometer<sup>®</sup> N60/N50 (IMPLEN).

# 5.3.5. <u>Monitoring of SCCs, Volatile Fatty Acids, EtOH, and Gasses from</u> <u>Microbial Fermentation</u>

The production of SCCs, MCCs, volatile fatty acids, and gasses such as  $H_2$ ,  $CO_2$ , and  $CH_4$  were monitored once *per* day over the entire BES operation period of 558 h. 200 µL of gas from the BES gas phase were analyzed for trace amounts of  $H_2$  by gas chromatography (6'13x Molsieve column, UV RGD detector, SRI Instruments), whereas  $CO_2$  and  $CH_4$  concentrations were detected by another gas chromatograph (0.3-m HayeSep D packed Teflon column, SRI Instruments).

The supernatant for SCC, MCC and EtOH monitoring was collected as described in section 5.3.4, filtered through a 0.22- $\mu$ m syringe filter, and stored at -20°C for later analysis. SCCs were measured by gas chromatography (DB-FATWAX UI column, Agilent Technologies) using a six-level standard calibration curve, each standard containing 25  $\mu$ L of 30 mM ethyl-lactate as internal standard and 475  $\mu$ L of a mixture of SCCs and MCCs as external standards ranging from 0.475 mM to 9.5 mM. The SCC-MCC standard mixture contained acetate, propionate, iso-butyrate, *n*-butyrate, iso-valerate, *n*-valerate, iso-caproate, *n*-caproate, *n*-heptanoate, and *n*-caprylate. *Prior* to analysis, 50  $\mu$ L of sample was mixed with 425  $\mu$ L of 2% formate and 25  $\mu$ L of internal standard.

A standard calibration curve was generated using HPLC (Aminex HP87H column, Shimadzu) for lactate, succinate, formate, and EtOH. The five-level external standard for lactate was in the range of 5 mM to 100 mM. An eight-level external standard ranging from 5 mM to 200 mM was used for succinate and formate. For the detection of EtOH, a five-level external standard ranging from 5 mM to 200 mM was used.

#### 5.3.6. Nanopore Sequencing

For 16S rRNA amplicon sequencing, we used the 16S Barcoding kit 1-24 (SQK-16S024, Oxford Nanopore Technologies) and an R9.4.1 flow cell (FLO-MIN106). The 16S Barcoding kit enables a rapid and full-length 16S rRNA gene sequencing for microbe identification by using universal primers 27F (5'- AGAGTTTGATC**M**TGGCTCAG -3') and 1492R (5'- CGGTTACCTTGTTACGACTT -3'). For the 16S rRNA gene amplification via PCR, we mixed 10 µL of 10 ng DNA with 25 µL of LongAmp<sup>®</sup> Hot Start Taq 2x Master Mix (New England Biolabs), 10  $\mu$ L of an individual 16S rRNA gene barcode and 5  $\mu$ L of nuclease-free water. The PCR cycles were 1 min at 95°C, 25 cycles of 20 s at 95°C, 30 s at 51°C, 2 min at 65°C, and a 5 min final elongation step at 65°C. We then followed the manufacturer's protocol to clean the DNA by bead cleaning, prepare the purified DNA library using the Rapid Adapter, pool the samples, and prepare and load the flow cell. The sequencing run time was set to 2h per sample and adjusted for every library containing multiple samples. The MINKNOW software version 23.11.4 was used for data acquisition.

#### 5.3.7. Data Processing and Statistical Analysis by MMonitor

Timo Lucas provided the method chapter about MMonitor. MMonitor consists of a user application for data input and analysis and a web server for data management and visualization. The user application offers a simple graphical user interface that lets users input data and select analyses based on their research questions. For processing a larger scale of data, MMonitor also offers a command line interface. The command line interface has the advantage that it can also be used remotely (*e.g.*, on a high-performance server) for better scaling. Besides a single-sample input, the graphical user interface and command line interface support multi-sample input by providing a CSV file with references to the associated data. After analysis, results (*e.g.*, taxonomic profiles) are sent to the web server *via* HTTP requests, which are stored in a database (**Figure 31**).





(A) Application of MMonitor in the lab. (B) The bioinformatics pipeline of MMonitor is used to process the input 16S rRNA gene reads before they are sent to the web server's database. The figure was adjusted after Timo Lucas<sup>4</sup> and was created by BioRender.com.

The desktop application handles data input and running pipelines, while the computations themselves are performed by external bioinformatics tools that are usually implemented in performant languages, such as C, for which benchmarks and methods can be found in the respective publications. Taxonomic analysis using 16S rRNA gene nanopore reads is performed by a novel microbial classification engine called Centrifuge, which is based on the Burrows-Wheeler transformation and the Ferragina-Manzini index [180].

For 16S rRNA gene taxonomic profiling by nanopore sequencing, MMonitor uses Emu [178], which uses minimap2 [181] for alignment and an expectation maximization (EM) algorithm [182] for computing taxonomic profiles. It needs to be mentioned that normalization of the reads was performed by sample size and not by rarefaction or other normalization approaches. Basic quality statistics for input reads were implemented by querying the input reads for quality score, read lengths, and number of bases using biopython seqIO [183]. For the statistical analysis, we used different methods. Normalized

counts in (**Eq. 1**) are calculated from raw counts *cr*, number of aligned bases *b*, and a scaling factor *f*.

$$n_c = rac{c_r}{b} * f$$
 (Eq. 1)

The scaling factor f ensures that raw and normalized counts have a similar magnitude and is the average number of aligned bases over all samples. Alpha and beta diversity are calculated using scikit-bio diversity (v0.5.9), using normalized counts on demand. Shannon (**Eq. 2**) and Simpson (**Eq. 3**) indices can be used for alpha diversity, where s is the number of unique taxa, and p is the proportion of the community represented by taxon i.

$$H = -\sum_{i=1}^{S} (p_i \log_2 p_i)$$
 (Eq. 2)

$$S=1-\sum p_i^2$$
 (Eq. 3)

Beta diversity is determined by calculating the Bray-Curtis distance (**Eq. 4**) between all samples, where *ui* and *vi* are the proportions of taxon *I* in samples *u* and *v*.

$$d(u,v) = \frac{\sum_{i}|u_{i}-v_{i}|}{\sum_{i}|u_{i}+v_{i}|}$$
(Eq. 4)

#### 5.3.8. SEM imaging

We used SEM to examine biofilm formation at the working electrode of all three BESs from the enriched human fecal sample. We took 1 x 1 cm pieces of the working electrode and placed them in separate wells of a 6-well plate, each containing 2 mL of PBS. To each well, 25% electron microscopy grade glutaraldehyde was added to a final concentration of 2.5%. Sample preparation and imaging procedures are described in section 3.3.5, Scanning Electron Microscopy (SEM) Imaging.

#### 5.3.9. Ethics, Consent, and Permissions

This experiment was approved by the Ethics Committee of the Medical Faculty of the Eberhard Karis University of Tübingen (Project number: 456/2023A). Anonymized stool samples were collected with the permission of all human subjects.

# 5.4. Results

### 5.4.1. Results from Microbial Fermentation

Three BESs were operated at batch operation for 24 h and at continuous operation for 558 h. We wanted to get an overview of the products of microbial fermentation and to study the availability of  $H_2$  in the BES. Therefore, we measured gases such as  $H_2$  and  $CO_2$  and the main SCCs, such as acetate, propionate, *n*-butyrate and lactate. In addition, we studied fermentation products produced at lower concentrations, such as formate, *n*-valerate, *n*-caproate, succinate, ethanol, and MCCs.

H<sub>2</sub> was only detected in micro-molar concentrations by gas chromatography. We found an increase and a highly fluctuating profile of H<sub>2</sub> in all three BESs throughout the operating period (**Figure 32A**). Furthermore, after half the operation, the H<sub>2</sub> concentration increased. Fluctuations in the H<sub>2</sub> concentration in the BESs and the increased concentrations in the second half of the operating period might result from changes in the microbial community and their growth as biofilm at the working electrode. This might decreased its performance and less H<sub>2</sub> was removed electrochemically. In addition to H<sub>2</sub>, CO<sub>2</sub> was detected, but no CH<sub>4</sub>. Therefore, we only show data on H<sub>2</sub> and CO<sub>2</sub> concentrations (**Figure 32A-B**). For CO<sub>2</sub>, acetate, and propionate, we found fluctuation in the observed concentration throughout the complete operating period for all three BESs (**Figure 32B-D**). For R1, R2 and R3 fluctuations in the CO<sub>2</sub> production were observed (**Figure 32B**). In the case of acetate and propionate, very similar fluctuations were found for all three BESs (**Figure 32C-D**). The results for *n*-butyrate showed fewer fluctuations and more stable, increasing production throughout the entire operating period for all three BESs.



# Figure 32: Gas and SCC production from enrichment of a fecal sample in a BES with ${\sf H}_2$ removal under continuous operation

We have enriched a fresh human fecal sample in the BES with H<sub>2</sub> removal at the working electrode ( $E_i$ = 350mV vs. Ag/AgCl). Gas production of (A) H<sub>2</sub> and (B) CO<sub>2</sub> was detected during the operating period. SCCs, such as (C) acetate, (D) propionate, and (E) *n*-butyrate, were detected for all three BES throughout a continuous operating period of 558 h. The plotting and curve fitting by polynomial interpolation (95% confidence band) were performed with the software Origin Pro (version 2023). The graphs were arranged using BioRender.com.



Figure 33: SCCs and MCCs production from enrichment of a fecal sample in a BES with H<sub>2</sub> removal under continuous operation

We have enriched a fresh human fecal sample in the BES with  $H_2$  removal at the working electrode ( $E_i$ = 350 mV vs. Ag/AgCl). SCCs such as (A) *n*-valerate, (B) *n*-caproate, and MCCs, such as (C) iso-butyrate, (D) iso-valerate, and (E) iso-caproate, were detected for all three reactors throughout a continuous operating period of 558 h. The plotting and curve fitting by polynomial interpolation (95% confidence band) were done with the software Origin (version 2023). The graphs were arranged using BioRender.com.

Furthermore, the production of *n*-valerate showed fluctuations in the R1 and R2, with a maximum production after an operation period of 200 h (**Figure 33A**). For R3, we detected a stable and slightly increasing production of *n*-valerate (**Figure 33A**). In the case of *n*-caproate, a steady state production was detected after an operation period of 300 h (**Figure 33B**). All three BESs showed no stable production for the MCCs, which also differs between R1, R2, and R3. For all measured SCCs and MCCs, except for *n*-butyrate, *n*-caproate, fluctuations in the production were detected at an operation period of 200 h in R1 and R2 (**Figure 32-34**) After an operation period of 200 h, we detected a stable production of *n*-butyrate and *n*-caproate (**Figure 32E** and **Figure 33B**). These results led to the conclusion that either acclimation of the microbiota to the BES or changes in the

microbial composition, including biofilm formation, changed the microbial fermentation profile.



# Figure 34: Ethanol, succinate, lactate, and formate production, and pH and O<sub>2</sub> concentrations from enrichment of a fecal sample in a BES with H<sub>2</sub> removal under continuous operation

We have enriched a fresh human fecal sample in the BES with H<sub>2</sub> removal at the working electrode ( $E_i$ = 350 mV *vs.* Ag/AgCl). (A) Ethanol, (B) succinate, (C) lactate, and (D) formate were detected for all three reactors throughout a continuous operating period of 558 h. In addition, we observed the (E) pH and (F) O<sub>2</sub> concentration in the BES. The plotting and curve fitting by polynomial interpolation (95% confidence band) were performed with the software Origin (version 2023). The graphs were arranged using BioRender.com.

We further investigated the production of ethanol, succinate, lactate, and formate (Figure 34A-D). Ethanol production increased in all three BESs with some fluctuations throughout the entire operation period (Figure 34A). High succinate concentrations were produced until an operation period of 124 h and decreased again afterward (Figure 34B). Lactate was produced in high amounts in R3 at the beginning of the operation period until 99 h, but not in R1 and R2. At an operation period 200 h, R1, R2, and R3 showed similar lactate concentrations (Figure 34C). All the reactors showed a very low and unstable production of formate (Figure 34D). The unstable and variable production of metabolites
such as lactate, succinate, and formate, as well as ethanol, must be interpreted separately because they all result from different pathways of microbial fermentation, such as the acylate, succinate, and Wood-Ljungdahl pathways.

To track the performance during the operating period of the BES, we also investigated the pH and the  $O_2$  concentrations (Figure 34E-F). These parameters are important for evaluating the performance of the BES. The initial pH was set to 7.4. We used pH sensor spots inside the BES to monitor the pH during cultivation. Unfortunately, the spots were not working throughout the entire operating period, and therefore the pH was measured with a standard pH probe. The pH value dropped for all three BESs at the beginning of the operating period and stabilized in the physiological range after ~200 h (Figure 34E). The O<sub>2</sub> concentration in the BES was observed to monitor the anaerobic status of the BES. Throughout the operating period, the O<sub>2</sub> concentration slightly increased from 0%. up to 1-1.2% (Figure 34F). Sampling the BES under an aerobic atmosphere after obtaining a liquid sample may cause a slight increase in O<sub>2</sub>.

#### 5.4.2. Microbial Community Analysis

The objective of the experiment was to enrich H<sub>2</sub>-producing microbes from a human fecal sample during an enrichment process in a BES. The microbial composition was evaluated by MMonitor using full-length 16S rRNA gene sequencing. Only bacterial species are shown in the taxonomic classification for this investigation because the primers of the 16S Barcoding kit 1-24 only target bacteria. The microbial composition changed along the enrichment in all three BESs (**Figure 35-37**). We also found differences in the amount of different species and their relative abundance in the inoculum (time = 0 h) of R1, R2 and R3. The inoculum originated from the same person, and each BES was inoculated with the same amount. Thus, the variability of species and their relative abundance in the inoculum may be due to insufficient sequence depth. Although the community varies a lot throughout the enrichment and also among R1, R2, and R3, some species were found in all three BESs. For R1, we detected two periods of enrichment with each had relatively different community composition. The first period of the enrichment was between 0 h and 226 h, while the second period of the enrichment was between 251 h and 559 h. Therefore,

we analyzed the top 10 most abundant species that were found in all three BESs in the first half and in the second half of the enrichment (**Table 3**).

Table 3: Top 10 dominant species detected in R1, R2 and R3 in the first half of the enrichment
(between 0 h and 226 h) and in the second half of the enrichment (between 251 h and 559 h).

Species from the first half of the enrichment	Species from the second half of the enrichment
• Escherichia coli	• Escherichia coli
Streptococcus salivarius	Enterococcus faecalis
Anaerostipes hadrus	• Faecalibacterium pausnitzii
• Dorea longicatena	Lactobacillus gasseri
Enterocloster boltae	Coprococcos catus
Anaerobutyricum halli	Anaerobutyricum halli
• Faecalibacterium pausnitzii	Lactobacullus paracasei
• [Eubacterium] rectale	• Blautia sp. SC05B48
Dialister pneumosintes	Dorea longicatena
• Blautia sp. SC05B48	Anaerostipes hadrus



#### Figure 35: Relative species abundance of the microbiota in R1

Microbial community analysis based on full-length 16S rRNA gene sequencing throughout the operating period of 534 h. The figure was created by MMonitor and BioRender.com.



#### Figure 36: Relative species abundance of the microbiota in R2

Microbial community analysis based on full-length 16S rRNA gene sequencing throughout the operating period of 534 h. The figure was created by MMonitor and BioRender.com.



#### Figure 37: Relative species abundance of the microbiota in R3

Microbial community analysis based on full-length 16S rRNA gene sequencing throughout the operating period of 534 h. The figure was created by MMonitor and BioRender.com.

#### 5.4.3. Alpha Diversity of R1, R2, and R3 throughout the enrichment

We investigated the microbial diversity for each BES with the Simpson and Shannon diversity index. The Shannon diversity index estimates both species richness and evenness, weighting on richness by inflating the number of rare taxa. The idea behind this metric is that the more species were observed, and the more even their abundances are, the higher the entropy or, the higher the uncertainty of predicting which species would be seen next if another read from this sample had been looked at [184]. The Simpson diversity index follows a similar idea but gives more weight to the abundance of common or dominant taxa inversely with species diversity. Therefore, a few rare species with only a few representatives will not affect the diversity of the sample [185].

In all BESs, Shannon diversity ranged from 1 to 4.3, the higher the value, the greater the sample diversity. The Shannon diversity index of the inoculum of R1 and R3 was lower than that of the other samples. In addition, low Shannon diversity indices were detected for R1 at 354 h, for R2 at 483 h, and for R3 at 323 h (**Figure 38A-C**). No outliers were detected for the measured metabolites at these specific time points (**Figure 32-34**). Therefore, we strongly suggest that the decreases that were detected for R1, R2, and R3 are the result of insufficient sequencing depth, where fewer reads were generated than for the other samples.







The microbial species diversity based on Shannon Index analysis of species-level taxonomy from full-length 16S rRNA gene sequencing. (A) R1, (B) R2, (C) R3. The figure was created by MMonitor and BioRender.com.

The Shannon diversity index is biased toward measuring species richness. In all BESs, high on species richness based the Shannon diversity index was detected (Figure 38 and Figure 39B). The Simpson diversity index is less sensitive to rare species than the Shannon diversity index and ranges between 0 and 1 – the greater the value, the greater the sample diversity and the less dominant are specific taxa. In our investigation the Simpson diversity index showed high species diversity and less dominating species but also some fluctuation of the index in all three BESs throughout the enrichment (Figure 39A).



## Figure 39: Microbial diversity analysis of R1-R3

The microbial diversity was analyzed based on (A) Simpson and (B) Shannon diversity index. Each box plot includes all 16S rRNA gene analyses from each BES. The figure was created by MMonitor and BioRender.com.

#### 5.4.4. <u>Microbial Community Analysis of R1-R3 on Phylum, Family and Species</u> Level at 0 h, 201 h, 354 h, and 509 h

We found that the 10 most abundant species were the same in all three BESs. However, their individual relative abundances were different. Therefore, we examined the community at specific time points at 0 h, 201 h, 354 h, and 509 h where we found fluctuations in the profile of specific metabolites, such as acetate, propionate, and *n*-butyrate. It should be noted that MMonitor still uses the old International Code of Nomenclature of Prokaryotes (ICNP) from the time before the ICNP updated the nomenclature in 2022. For this reason, we adhered to the old nomenclature that was used by MMonitor.

An important result of this experiment was that we can use MMonitor to track the enrichment of microbes in a BES at different taxonomic levels. Here, the taxonomic profile found at the phylum, family and species levels are discussed. We found that Firmicutes (now Baccilota) dominated the community of the inoculum in all three BESs (time = 0 h). For R1, Firmicutes remain the dominant community, but Proteobacteria (now Pseudomonadota) were also found in small abundances (< 19.14%) throughout the entire operating period (**Figure 40**). For R2, only Firmicutes were detected in the inoculum, but also Proteobacteria got enriched at 201 h (21.39%) and 354 h (17.17%) and dominated the community was dominated by Firmicutes and less by Proteobacteria or Bacteriodetes (now Bacteroidota) at 0 h, 201 h, and 509 h (**Figure 40**). In between, at 354 h, it was reversed and Proteobacteria were the most abundant phyla over Firmicutes (**Figure 40**).



#### Figure 40: Phylum analysis of R1-R3

Th We analyzed the abundance of families in all the BESs for the time points: 0h (inoculum), 201 h, 354 h, and 509 h. The figure was created by MMonitor and BioRender.com.

On the family level, we found that the inoculum community is different for R1, R2, and R3, where *Lactobacillacea* and *Enterobacteriaceae* were only detected in R1 but not in R2 and R3 (Figure 41). Later in the operating period, both families were detected in R2 at 201 h and 354 h, and in R3 at 201 h, 354 h, and 509 h (Figure 41). This again indicates that the sequencing depth was insufficient to detect all families in the inocula of all BESs. At 201 h, the community was dominated by *Lachnospiraceae*, *Ruminococcaceae*, *Streptococcaceae*, *Veillonellaceae*, and *Clostridiaceae*, which were detected in R1, R2, and R3 (Figure 41). However, we also detected certain families that were not present in any of the other reactors. At 201 h, *Oscillospiraceae* were detected only in R1 and R2, but not in R3 (Figure 41).



Figure 41: Family analysis of R1-R3

We analyzed the abundance of families in all the BESs for the time points: 0h (inoculum), 201 h, 354 h, and 509 h. The figure was created by MMonitor and BioRender.com.

We detected a common community of *Lachnospiraceae*, *Enterobacteriaceae*, *Lactobacillaceae*, *Ruminococcaceae* and *Enterococcaceae* in all three BESs in a later period at 354 h (Figure 41). While *Oscillospiraceae* was below detection in R2 and R3 and *Clostridiaceae* was not detected in R1 at 354 h (Figure 41). At 354 h, the community profile changed and was dominated only by *Lachnospiraceae*, *Enterobacteriaceae*, *Enterobacteriaceae*, *Enterococcaceae* in R1, R2 and R3, while some families were not detected in all three BESs, such as *Lactobacillaceae*, *Ruminococcaceae* and *Peptoniphilaceae* (Figure 41).



#### Figure 42: Microbial species composition of R1, R2, and R3

We analyzed the relative species abundance of the BESs for the time points: 0h (inoculum), 201 h, 354 h, and 509 h. The figure was created by MMonitor and BioRender.com.

On the species level, we detected high variations in the relative abundances of different species in the inoculum (0 h) of R1, R2, and R3 (**Figure 42**). Without going into detail, these variations were throughout all investgated time points of 201 h, 354 h and 509 h.

Besides the metabolic dynamics at 201 h, 354 h, and 509 h of BES cultivation, which were observed for acetate, propionate, *n*-valerate, and succinate, we also observed changes in the microbial composition (**Figure 42**). Besides the fluctuation of some metabolites, we also found a continuous production of *n*-butyrate and *n*-caproate starting from 201 h of BES operation.

At 201 h of BES operation, we detected higher concentrations of H<sub>2</sub>, acetate, propionate, *n*-valerate and succinate, whereas the production of *n*-butyrate and *n*-caproate started to increase at this time point (**Figure 32-33**). The microbial community varied between the BESs at 210 h (**Figure 42**). In general, only a few different species with higher relative abundances were detected in the different reactors, whereas most species were found in all three BES reactors. At 354 h of BES cultivation, we detected a drop in the production of, *e.g.*, H<sub>2</sub>, acetate, propionate, and *n*-valerate (**Figure 32-33**). No changes were found for the production of *n*-butyrate and *n*-caproate at 354 h (**Figure 32-33**). The detectable species count dropped at 354 h of BES cultivation compared to 201 h in R1 and R2. Therefore, it can be assumed that the major bacterial producers of acetate, propionate, and *n*-valerate were less abundant at 354 h than at 201 h (**Figure 42**). The differences in the microbial species community are assumed to be the driving factor for a changing fermentation profile of SCCs and MCCs rather than the abundance of the species present at both time points.

#### 5.4.5. Biofilm Formation at the working electrode of R1-R3

We harvested a sample of the working electrode from R1, R2, and R3 at the end of the cultivation and investigated the surface by SEM regarding the attachment of microbes and biofilm formation at the Pt/C-doped electrode surface. An enormous biofilm formation was detected in the early stage of the enrichment (**Figure 43**). In all three of the BESs, the biofilm at the working electrode was composed of a highly diverse community of microbes embedded in the Pt/C coating of the working electrode (**Figure 44-46**). Furthermore, cellular structures (white arrows) such as extracellular polymeric substances (EPS) that support the adhesion of the microbes at working electrode and between the microbes were observed for R1, R2, and R3 (white arrows, **Figure 44-46**).



**Figure 43: Biofilm at the working electrode in R1, R2, and R3** The growing biofilm was detected for all three BESs.



Figure 44: Biofilm formation at the working electrode of R1 at the end of the operating period

SEM micrographs show the biofilm formation of R1 at the magnifications 675 X, 6.08 X, and 18.23 X.

### В



# Figure 45: Biofilm formation at the working electrode of R2 at the end of the operating period

SEM micrographs show the biofilm formation of R2 the magnifications 675 X, 6.08 X, and 18.23 X.



# Figure 46: Biofilm formation at the working electrode of R3 at the end of the operating period

SEM micrographs show the biofilm formation of R3 at the magnifications 675 X, 6.08 X, and 18.23 X.

### 5.5. Discussion

This experiment aimed to study microbial community dynamics from human feces under H<sub>2</sub> removal by oxidation at the working electrode. The results showed fluctuations in the concentration for some but not for all of the investigated metabolites but also in species relative abundances. Fluctuations in the metabolic profile along the BES cultivation were detected for acetate, propionate, *n*-valerate, and succinate, especially at 201 h and 354 of BES cultivation. The production of *n*-butyrate and *n*-caproate was unaffected at these two time points. Furthermore, we also detected fluctuations in the H<sub>2</sub> concentration. The performance of the BES, the biofilm formation at the working electrode, and further the microbial community composition influence the H<sub>2</sub> production and its removal by the working electrode. Due to the enormous growth of the biofilm at the working electrode, less H<sub>2</sub> was removed electrochemically, and thus the availability of H<sub>2</sub> in the system was increased. In BESs, the biofilm formation can have positive and negative effects on the system performance. Enhanced electron transfer and increased reactor stability are the positive effects [186-188]. Whereas biofoulding, competitive interactions and mass transfer limitations are the drawbacks of a biofilm [189-191].

Only for R1 and R3, the H<sub>2</sub> concentration was slightly higher at 354 h than at 201 h. In the case of R2, a lower H<sub>2</sub> concentration was found at 354 h, indicating that the species composition did not affect the H<sub>2</sub> availability in the BES reactors. Therefore, it becomes more apparent that the vast biofilm formation itself influenced the performance of the BES and can limit the H<sub>2</sub> transfer to the electrode. The biofilm formation is influenced by two physical factors: (1) the size of the electrode; and (2) the presence of shear forces by the medium flow across the electrode [192]. Higher shear forces can prevent biofilm formation but can also induce the production of EPSs, leading to more compact biofilms [193]. In the future, the biofilm formation must be balanced with the electrode performance to avoid microbial overgrowth, which might outcompete low-abundant species. In the field of microbial fuel cells, anode biofilm development is one of the most considerable constraints [194]. In the gut, the community of viruses, bacteria, fungi, and archaea live together as biofilms and adhere to the intestinal mucus surface. The biofilm is encased in their EPSs, extracellular DNA, proteins, and host and environmental factors and is highly resilient and shielded from variations in temperature and pH variations, and factors such as

antimicrobial substances, high pressure, high salinity, poor nutrient accessibility [195]. Furthermore, biofilms are protective and nutrient-rich environments that facilitate the survival of microbes [196]. In the human gut, biofilm promote homeostasis at various mucosal surfaces where its disruption is detrimental to health, and can cause pathophysiology. Dense microbial biofilms colonize the large intestinal mucosa, where the microbial colonization, density, and diversity vary along the length of the GI tract. As elsewhere in nature and in the gut, the biofilm mode of growth dominates over planktonic cells [197, 198]. The biofilm formation in the BES resulted in some H<sub>2</sub>-producing microbes being closer to the electrode and others less. Therefore, it can take longer until the BES removed the produced H<sub>2</sub>. The depth of the inner BES chamber is ~1 mm, whereas the microbes interact on µm-scale or even closer with the electrode. This architectural limitation and the BES electrode setup allowed the biofilm to grow thicker than we expected. The positive potential for H<sub>2</sub> removal at the working electrode caused a positive polarization of the electrode and attracted microbes that have a net negative surface charge. Thus, a non-chemical approach to reducing biofilm formation would be to apply negative polarization [199]. The biofilm formation at an electrode in BESs can take up to 9 weeks to establish stable cell performance and more than 17 weeks to obtain a mature electrode biofilm. However, even in identical systems, biofilm formation can vary in biofilm thickness, porosity, microbial composition, and viability, affecting the performance of the BES. [194, 200] These variations support what we found regarding the microbial composition, which was highly dynamic throughout the operating period.

Another important result of this experiment was that we were able to enrich for a very diverse and rich microbial community in the BES. However, we also detected time points that were less rich and diverse. We need to reconsider the composition of the rich media used for enrichment in the BES so that only those microbes that benefit from the H<sub>2</sub> removed by the electrode are able to grow. We suspect that the composition of the reactions occurring at the electrode. For this reason, the use of a minimal medium could be a different approach. Fluctuations in community composition may also be due to competition for nutrients and their conversion into microbial fermentation products, which may also be used as substrates by other microbes. In the example of acetate, which is the

most abundant SCC and is mostly a metabolic endproduct in bacteria, but can also be assimilated into biomass by *Enterobacteria*, *Pseudomonas*, *Neisseria* spp., and *Mycobacterium* spp., *via* the glyoxylate cycle and the TCA cycle. Nogal *et al.* (2021) showed that the gut microbiota composition and diversity might influence circulating acetate levels. The genera *Coprococcus*, *Barnesiella*, and *Ruminococcus*, were positively associated with acetate, whereas *Lachnoclostridium* and *Bacteroides* were negatively associated in the human gut of 948 female twins enrolled in the TwinsUK registry [201]. Theses genera, excluding of *Bacteroides* and *Barnesiella*, were also detected in our enrichment. Investigations on the GI tract of termites showed that acetogenesis constitutes a major H<sub>2</sub> sink and acetogens, methanogen, and sulfate reducers compete with one another for H<sub>2</sub> in the gut but can also co-exist at high abundances [202-208]. Furthermore, other main acetate-producing bacteria are *Provotella* spp. *Bifidobacterium* spp., *Streptococcus* spp., *Clostridium* spp., and *Akkermansia* [201, 209].

Apart from the primary fermentation products, we also detected lower amounts of SCCs and MCCs such as iso-butyrate, iso-valerate, and iso-caproate. The production of MCCs fluctuated wildly along the cultivation, which fits the fluctuations detected in the SCCs profile. MCCs are mainly produced by the genera *Bacteroides* and *Clostridium* during the fermentation of branched-chain amino acids (isoleucine, valine, and leucine) [210-212]. *In-vitro* studies showed that the pH and the carbon source influence the MCC production of protein-fermenting bacteria. There are only a few studies about the influence of MCCs on host health compared to SCCs. We speculated that the reduced availability of fermentable carbohydrates promotes a shift to more protein fermentation by the intestinal microbiota and consequently enhances MCC production. Furthermore, it was reported that host aging and an increased rate of apoptotic cells in the gut could lead to higher availability of fermentable amino acids, resulting in higher MCC production rates [212].

In our study, Firmicutes were the dominating phyla in R1, R2, and R3 throughout the operating period. Firmicutes (51%) and Bacteroides (41%) are the most prevalent H<sub>2</sub>-producing bacterial species in the large intestine [213]. Both phyla have beneficial effects on human health. Bacteroides constantly produce H<sub>2</sub> when they bind to dimeric IgA antibodies to form colonies that anchor in the mucus layer near the epithelial cells [214]. In intestinal epithelial cells, H<sub>2</sub> eliminates hydroxyl radicals and protects the intestinal wall

from oxidative stress. H<sub>2</sub> can also penetrate the cell membrane by diffusion, enter the bloodstream, and circulate to the head, where it penetrates the blood-brain barrier and protects the brain cells from oxidative stress [213, 215, 216]. Firmicutes are the second phyla of H<sub>2</sub>-producing bacteria, also known as *n*-butyrate-producing bacteria. High levels of Firmicutes were found in older people with long, healthy lives and suppressed colorectal cancer *via* the p21 gene. Furthermore, *n*-butyrate-producing bacteria are found in lower abundance in patients with ulcerative colitis and Crohn's disease [217, 218]. It is speculated that the positive effects of *n*-butyrate production come along with H<sub>2</sub> production and the interactions between H<sub>2</sub>-producing bacteria such as Firmicutes and Bacteroides contribute to the maintenance of human health [219, 220].

Besides the  $H_2$  that is the end product of microbial carbohydrate fermentation,  $H_2$  is also the result of the oxidation of reduced ferredoxin (Fd) and pyridine nucleotides by microbial hydrogenases. In this process, microbes can get rid of reducing equivalents and maintain their intracellular redox balance [24, 221]. Two-thirds of the sequences of human gut microbes listed in the Human Microbiome Project Gastrointestinal Tract reference genome database can metabolize H<sub>2</sub>. 60% of them encoded [FeFe]-hydrogenases, 21% for [NiFe]hydrogenases, and one organism (*M smithii*) encoded an [Fe]-hydrogenase. Hydrogenases are metalloenzymes that catalyze the redox reaction of H<sub>2</sub> ( $H_2 \leftrightarrow 2H^+ + 2e^-$ ) and are found in anaerobic and aerobically-adapted microbes such as bacteria, archaea, and some Eukarya [24]. Since we mainly detected Firmicutes in the BESs, we had a closer look at whether those species play a role in the H<sub>2</sub> economy in the human gut. At 201 h, we found E. rectale, which is the most abundant bacterial species in human feces, and encodes [FeFe]-hydrogenases, and was found in two of three BES from this experiment. Different types of stains of *E. rectale* utilize acetate and produce H<sub>2</sub>, *n*-butyrate, formate, and lactate when cultured in a YCFA medium [222]. Furthermore, Ruminococcus spp., A. hadrus, Blautia spp., C. comes, D. formicigenerans, D. longicatena, F. plautii (not in R3), Oscillibacter spp. (not in R3), Veillonella spp. (only in R3), F. pausnitzii also encodes for [FeFe]hydrogenases and was detected at 201. Microbes that encode for [NiFe]-hydrogenases and were observed at 201 h were Dialister spp., E. coli, and Veillonella spp. (encode also for [FeFe]-hydrogenase). Furthermore, mechanisms for H<sub>2</sub> sensing in anaerobic microorganisms are becoming more critical [91, 223].

Our study used the 16S Barcoding Kit of ONT, which is preferred compared to Illumina because the reads are less noisy and of higher accuracy, and a higher proportion of reads can be classified on the species level. Furthermore, the ONT sequencing platform is timeand cost-efficient, and the method of choice is when the focus is on species-level resolution, investigation of rare taxa, and accurate estimation of microbial richness [179]. The 16S Barcoding Kit comes with a conventional 27F primer, which reveals a significantly lower biodiversity of fecal microbiomes in comparison to the usage of a more degenerate primer set. This primer-associated sequencing bias led to errors in the taxonomic assignment of *Bifidobacterium*, which is one of the dominant genera in the human gut, due to mismatches with the 27F forward primer. Furthermore, by using the 16S Barcoding Kit, Bacteroides and Phocaeicola were detected in lower abundances on the genus level, whereas Faecalibacterium was detected in higher abundances [224, 225]. In our study, no Bifidobacteria species were detected in R1, R2, and R3 throughout the entire operating period. Therefore, using appropriate primer sets for 16S RNA gene amplification is crucial to avoid the risk of biasing microbial signature detection. The detected taxonomic diversity can be influenced substantially by the selection of the 16S region. n the field of human microbiome research, clinical applications or microbiome research from other environmental areas, the Nanopore sequencing platform is likely to play an essential role in the detection of microbiome signatures. The fast-developing kit chemistry and basecalling algorithms provide a higher taxonomic resolution from full-length 16S rRNA gene sequencing than short-read sequencing such as Illumina Miseq [225].

In the very end, we wanted to answer the question of whether we were able to enrich uncultured microbial species from human feces. We have explicitly investigated the microbial community at 201 h and 354 h because we detected changes in the metabolite profile and the microbial community. Unfortunately, all detected microbes whose relative abundance was more higher than 0.1% were already isolated from different sources, but most were from human feces. Therefore, lowering the relative abundance threshold may detect more species, some of which are uncultivated, but it may also lead to the detection of false positive species. In addition, the use of this BES must be viewed critically because the large biofilm formation and rapid growth minimize the chance of further enrichment of uncultured microbes.

### 5.6. Outlook

The main findings of this experiment were that the microbial community was highly diverse and changed throughout the operation period. Furthermore, the rapid growth and extensive biofilm formation did not result in the enrichment of uncultured microbes. Therefore, better control of the biofilm formation and the use of a less rich or even minimal medium would be a better starting point for the enrichment of syntrophic H<sub>2</sub> producers from the human GI tract. Furthermore, with more accurate real-time observation of the microbiota community combined with analysis of metabolic products, enrichment of uncultured H<sub>2</sub>-producing microbes is still feasible in future studies. This may lead to enrichment of specific microbes rather than overgrowth of many.

Furthermore, one of the limitations of this study was that all samples were taken from the supernatant of the BESs and not directly from the working electrode surface. The similarity of the microbial compositions sampled from the supernatant to those growing on the working electrode can therefore only be speculated. In future studies, samples should be taken from the working electrode at defined time points and metagenomics should be performed in parallel. Metagenomic analysis represents an alternative approach to targeted amplicon sequencing in studying uncultured microbiomes. This approach can resolve the genetic content of all enriched microbial H<sub>2</sub> producers, represent the entire genetic makeup and offers insights into the presence of novel genes and biocatalysts. Metagenomic analysis link between the community function and the functionality of the BES to enrich certain microbes from their syntrophic partners.

# Chapter 6 What is coming up afterward?

The basis for all the experiments was developing a BES to study the  $H_2$  syntrophy of human gut microbes. We were able to design a BES setup that is suitable for long-term anaerobic, continuous cultivations. In the proof of concept experiment with *C. minuta*, we could prove that this BES can mimic microbial H<sub>2</sub> consumption and influence *C. minuta*'s metabolism. Besides removing  $H_2$  at the working electrode,  $H_2$  can also be made available to microbes that metabolise it, such as methanogens, sulphate-reducing bacteria or acetogens, through H<sub>2</sub> evolution by a BES. The findings of the co-cultivation experiment of *C. minuta* and *M. smithii* showed that we are on the right track. There, the H<sub>2</sub> produced by *C. minuta* is coupled to the  $H_2$  consumption by *M. smithii* (to produce  $CH_4$ ) and affects the metabolic output of *C. minuta*. We obtained these results only in two of three BESs. To thoroughly verify our hypothesis, we need to re-run the co-cultivation of C. minuta and M. smithii in the BES. To complete the story of unraveling the H<sub>2</sub> syntrophy of human gut microbes, we cultivated a human fecal sample under H<sub>2</sub> removal in the BES. A very dynamic change in the highly diverse microbial composition, along with fluctuations in the microbial metabolic profile and massive biofilm formation at the working electrode, was observed, showing the potential of this BES for the cultivation and investigation of an entire microbial gut community.

What is coming next? The detailed microbial analysis based on 16S rRNA gene sequencing at almost every 24 h showed that the microbial community is highly heterogeneous throughout the operating condition of with H<sub>2</sub> removal at the working electrode. Initially, we wanted to focus on the enrichment of H<sub>2</sub>-producing microbes in the BES. We might need to change our goals and focus more on the enrichment of an H<sub>2</sub>-producing community rather than on single or multiple species. Because many cell-cell interactions will occur in parallel with cell-electrode interactions driven by H<sub>2</sub> removal at the working electrode. Successful cultivation of the human gut microbiota depends on several factors, such as the optimal culture medium, appropriate environmental condition, biofilm formation, shear stress, cell-cell communication, and features of the cross-talk of microbes with epithelial cells of the gut mucosa. Bacterial adhesion depends on the physical and mechanical but also on chemical properties of the physical substrate, such as fibronectin and mucins [146]. The primary static fermentation systems for *in-vitro* cultivation of the human gut microbiota are typical batch fermentation models (flask, closed vessel, beaker), which simulate one part of the digestive tract such as the mouth, stomach, colon, or small intestine. The major drawbacks of these cultivation approaches are the lack of absorption processes such as those performed by the intestinal mucosa and the challenge of standardization due to cell activity. Therefore, more dynamic systems should be considered where multiple reactors with individual compartment-specific properties such as pH, temperature, nutrient supply, and redox potential can be interconnected [226, 227]. The PolyFemS system and a cultivation approach by Li *et al.* (2022) maintained a stable microbial community profile and provided growth conditions for biofilm-associated microbes [228, 229].

Deciphering the link between the composition of the human gut microbiota and the eukaryotic cells of the host and consequent changes in the normal physiological state is currently one of the most pertinent research topics. To compare *in-vitro* cultivation with *in-vivo* communities, human gut microbiota cultivation approaches should target a constant community or minimize its fluctuation in future studies. When focussing on isolating uncultured microbes, fluctuation in the microbial composition can also be an advantage when less abundant microbes get enriched during the cultivation. Those microbes must be transferred to the next cultivation batch when they are highly abundant to keep them growing under the current BES operating conditions.

Regarding the isolation of uncultured microbes, metagenomic analysis with MMonitor can reveal the entire genetic makeup and offers insights into the presence of novel genes, biocatalysts, *etc*. The implementation of metagenomic tools can reveal the link between the community function and the functionality of the cultivation approach to enrich certain microbes from their syntrophic partners or microbial community. The term unculturable microbes does not suggest that these microbes can never be cultured in the laboratory. It indicates a gap of missing knowledge about the microbes' habitat, interaction on the microbe-microbe level and with host cells, abiotic-biotic interactions, and the ecological role in the human gut. The biggest challenge of microbial replication in the laboratory is maintaining and mimicking the natural growth conditions [230]. Uncultured microbes from the human gut store a hidden potential for new probiotic products and biotherapy.

In our experiments, we targeted the  $H_2$  syntrophy of human gut microbes because  $H_2$  is a common product of microbial fermentation, and its accumulation can modulate fermentation. Since the intestinal H<sub>2</sub> concentration varies between individuals, it indicates the importance of H<sub>2</sub> as an essential factor for shaping the microbial community and their metabolic output. The H<sub>2</sub> production in the human colon is mainly shaped by the diet, in particular by fermentable, microbiota-accessible carbohydrates that drive the colonic H<sub>2</sub> production [231-234]. The debate continues as to how H<sub>2</sub> levels in the colon regulate the fermentation of specific gut microbes and the effect of syntrophic associations. There could be two forms of microbial associations: obligate syntrophy, where H<sub>2</sub> accumulation can shut down fermentation, or facultative syntrophy, where reducing equivalents are not disposed of via, for example, acetate and *n*-butyrate, but via an alternative fermentation strategy to lactate in the human gut [144, 159, 235-238]. In the gut ecosystem's complexity, concrete information are still lacking to understand H<sub>2</sub> as a regulator of metabolic processes. With the BES, we could mimic the H<sub>2</sub> uptake as it is performed by hydrogenotrophs in the gut, which regulated the fermentation output of *C. minuta*. We have completed the engineering part of the BES design and provided a physical interaction site for the microbes at the electrode to dispose efficiently of H<sub>2</sub> to an H<sub>2</sub>-removal electrode. Now we need to focus more on the second experiment of co-cultivation of C. minuta and M. smithii, and further on the enrichment of syntophic H<sub>2</sub> producers from the human gut.

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